

# Pax Lodge 30<sup>th</sup> Birthday Challenge



The traditional symbol for a 30<sup>th</sup> anniversary is the Pearl, which symbolises beauty and scarcity of a union; in this case 30 years of Girl Guides and Girl Scouts from around the world visiting and learning about our World Centre in London – Pax Lodge.

The flower used to celebrate 30 years is the Lily. It reminds us to look back at what we have accomplished over the last 30 years and is also a symbol of peace and hope for the future.



The colour used to recognise 30 years is traditionally Green.

The Friends of Pax Lodge UK and USA have created this challenge for you to join in the celebrations wherever you are. The challenge is based on the 5 letters P E A R L. To complete the badge, you need to do 2 challenges from each section.

- Section 1 – PEACE
- Section 2 – ENVIRONMENT
- Section 3 – ARTS
- Section 4 – ROYALTY
- Section 5 – LONDON LOCATIONS

To order your badge, please follow the instructions at the end of this challenge pack.

You can watch videos of Julia's introductions to each of these sections on Pax Lodge's YouTube channel

<https://www.youtube.com/playlist?list=PLMMjn4sFjqMcJhmQ7sGy0EIFs1mCH0zxa>

Where links have been made to other websites, Pax Lodge cannot be held responsible for their content.

You can download the activity pack from the 30<sup>th</sup> birthday page on the Pax Lodge website



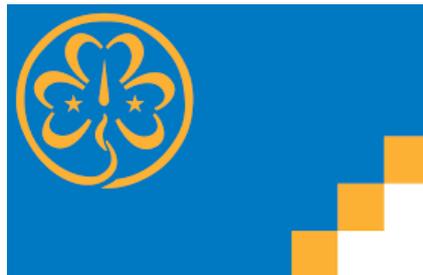
# PEACE

There have been three World Centres in London: Our Ark (1939), Olave House (1959) and Pax Lodge (1991). The current World Centre was named Pax Lodge as a tribute to the Baden-Powells.

The Latin word for peace, pax, was present in the names of their homes in England (Pax Hill) and Paxtu in Kenya.



The name also highlights the importance of peace in the Girl Guiding and Girl Scouting movement and is shown in our [World Flag](#) by the 3 white squares, which we hoist each morning.



The Pax Lodge logo is a dove holding an olive branch, an internationally recognised symbol of peace. The dove is shaped like an ark and sits on water which is a nod to the first London World Centre, whose doors remained open throughout the Second World War, when it served as a safe-haven for Girl Guides and Girl Scouts.

In the Bible story of Noah and the Ark, a rainbow appears. Often in London, a rainbow appears after it rains. As the great bow of colours stretch across the sky, it acts as a reminder that we can all live in peace and it is a sign of hope for tomorrow.



[Nichidatsu Fujii](#) pledged to build pagodas worldwide as shrines to peace following the atomic bombing of Hiroshima and Nagasaki. He stated, "Civilisation is not to kill human beings, not to destroy things, nor make war; civilisation is to hold mutual affection and to respect one another". [London's Peace Pagoda](#) is located in Battersea Park.

When you travel on the 168 bus from Pax Lodge down to the city of London, you pass Tavistock Square. It was built in the 1820s by the 5<sup>th</sup> Earl of Bedford. Over the years it has become a memorial and peace garden, where Londoners can get away from the hustle and bustle of everyday life. It includes a statue of [Mahatma Gandhi](#) regularly decked with flowers, a maple tree planted by the League of Jewish women in 1986 – the year of Peace, a bust to [Dame Louisa Aldrich-Blake](#) – one of the first British woman to enter medicine, and a memorial to those killed and harmed in bombings nearby.

Complete 2 activities from the following list relating to PEACE:

- Go online and find the lyrics of the Pax Lodge song, which includes the line in the chorus “we wish you peace on the wings of a snow-white dove”. Having a go at singing the song.
- Make a paper dove. There are plenty of ideas online, in the activity pack or you can design your own.
- The rainbow acts as a reminder that we can all live in peace and is a sign of hope for tomorrow. Design a card with a rainbow on it to say thank you to someone who has helped you out.
- Do something within your community to show your love for the people around you.
- Find a place outside somewhere in the peace and quiet to spend some “me” time to relax or reflect on what is happening in your life.

# Environment

Near Pax Lodge is the bustle of the Royal Free Hospital and then the vast expanse of Hampstead Heath. In between, residents and shop traders have rescued a piece of wasteland by Hampstead Overground Station and have created the [World Peace Garden](#).

In contrast to the variety of architecture in London, there are 5000 acres of green spaces across 8 parks which are free to visit and open every day of the year. From boating lakes to birdsong, grand gardens to children's playgrounds: these areas provide a welcome escape from city life.

The River Thames flows through the heart of London. It is a busy waterway and also a home to much wildlife. Declared "biologically dead" in the 1950s, changes in sewage treatment have improved the water quality.



There are several city farms in London, including Mudchute in the Isle of Dogs. Here you can experience farm life and see the farm animals which many children may not normally see if they do not have access to the countryside. London Zoo is the world's oldest scientific zoo and opened to the public in 1847. [https://www.zsl.org/zsl-](https://www.zsl.org/zsl-london-zoo)

[london-zoo](https://www.zsl.org/zsl-london-zoo)



At the Natural History Museum in London, you can uncover the history of life on Earth from the smallest insects to the largest mammals.

<https://www.nhm.ac.uk/>

Complete 2 activities from the following list relating to the ENVIRONMENT:

- Make a list or create your own bingo card of 12 natural things you can see in your area. Give the list to someone you know to take it outdoors to see how many of the things they can spot.
- Using recycling materials, make and decorate a container. Use it to grow a cutting from your garden or to grow some bulbs or seeds.
- Collect some twigs or leaves when out for a walk or make your own bouquet of flowers from scrap materials. Once finished, give to a neighbour, friend, or family member to cheer them up.
- Make up a game to do with the environment. Play it with family or friends.
- Map out your own wildlife sanctuary, farm or country park showing what animals, birds, plants, and habitats you would like to see.
- Create your own museum using items from around your house. For example, using toy animals or a collection of natural objects that interest you. Give a talk on them to your friends/family.
- Draw a map of the rooms in your home, showing where the taps, showers/baths and toilets are. Now make a chart for a week showing which taps you turned on and why you turned them on, and how many times you flushed the toilet or had a bath/shower. At the end of the week, look at how much water you have used and think about whether you wasted any or not. Remember those people who do not have clean or easily accessible water sources.

# Arts

When staying at Pax Lodge, many of us enjoy visiting the various galleries and museums.

There are often musical concerts held in churches such as in [St Martin-in-the-Fields](#) near Trafalgar Square.



West of the City of London and north of the River Thames, you can find the West End where you can visit one of the many entertainment venues. The theatres have great choice of matinees and evening performances of plays and musicals.

<https://officiallondontheatre.com/>



ROYAL  
OPERA  
HOUSE

Enjoy ballet or opera at the Royal Opera House in Covent Garden.

<https://www.roh.org.uk/>

As you travel around London, you may see buskers and other street artists. Fans of the Beatles visit Abbey Road Studios and stand on the famous zebra crossing. Harry Potter fans can see some of the filming locations such as Platform 9 ¾ at King's Cross railway station.



In London, pantomime is a type of musical comedy stage production designed for family entertainment, often shown at Christmas and New Year. Costumes for the “dames” can be outrageous, whilst those of the princesses are glittering. Get inspired by looking at costumes used in the shows by going online.



Countless musical artists have paid tribute to London. Examples: London Calling by the Clash, Waterloo Sunset by the Kinks, Werewolves of London by Warren Zevon, Streets of London by Ralph McTell, West End Girls by the Petshop Boys and When You Hear Big Ben by Vera Lynn, or even the nursery song London Bridge is Falling Down.

The National Portrait Gallery houses paintings and photos of historically important and famous British people. It was the first of its type in the world when it opened in 1956.

<https://www.npg.org.uk/>

If you walk along the South Bank, you will pass lots of street performers – singing/playing their musical instruments, juggling and doing magic tricks, miming or standing still for minutes on end dressed as a historical character.

In Little Venice there is a puppet theatre on a barge.

<https://www.puppetbarge.com/>



[Poems on the Underground](#) is a project, started in 1986, to bring poetry to a wider audience by displaying various poems on the London Underground.

Complete 2 activities from the following list relating to the ARTS:

- 🎨 Design a costume for a pantomime character. Take it further by making it from recycled materials.
- 🎧 Find and listen to songs about London and decide which is your favourite. There are some suggestions on the previous page to get you started.
- 🎨 Create your own portrait gallery using whatever medium you wish, of your family, friends and people that inspire and mean a lot to you.
- 🎭 With family or friends, create your own street performance it should last at least 5 minutes.
- 🎨 Make a puppet- perhaps from an old sock, glove or paper bag, or cut out and colour your character and add it to a stick. Why not join up with others from your unit/group/troop and put on a show.
- 📖 Enjoy one of the stories about Paddington Bear. Read a book, listen to the audio story or watch one of the films.
- 📝 Write your own poem and display somewhere for someone else to enjoy.

# Royalty

Queen Elizabeth II became Queen on February 6, 1952 and was crowned on June 2, 1953. She is the longest reigning monarch in British history and was a Girl Guide and Sea Ranger and now a patron of Girlguiding. The [Queen's Guide Award](#) is the highest award Girlguiding members can achieve.

British royal residences are palaces, castles and houses occupied by members of the British royal family in the United Kingdom. Some, like [Buckingham Palace](#) and [Windsor Castle](#), are lived in but also open for the public to visit.



Visitors are welcome to historic royal buildings such as Henry VIII's 16<sup>th</sup> Century [Hampton Court Palace](#) or the [Tower of London](#)—begun in 1078 with the White Tower. and was later used as a state prison. It now houses ancient armour and weapons as well as the Crown Jewels.

The Crown Jewels of the United Kingdom are a collection of royal ceremonial objects, which include the regalia and vestments worn at their coronations by British kings and queens.

Queen Victoria had a very "sweet tooth". The Victorians made tea drinking very much their own and it soon became an essential part of socialising. Afternoon tea was less troublesome than inviting a guest for dinner. The [Victoria sponge](#) is named after Queen Victoria who enjoyed the simple cake at the afternoon teas.



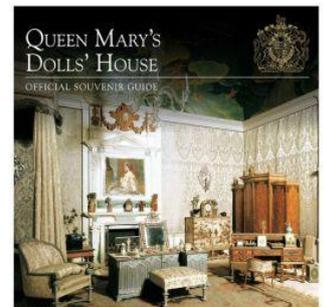
The Diana Memorial Playground design has been inspired by the stories of Peter Pan by J.M. Barrie. Princess Diana loved children and this playground serves as a fabulous legacy for future generations. It opened on 30th June 2000, and is a clean, safe, fun place for children to play freely.



Hampton Court Palace Maze is a hedge maze planted between 1689 and 1695 for William III of Orange. At [Crystal Palace](#), there is also a maze to commemorate the birthplace of Guiding where, in 1909, a small group of girls gate-crashed the Scout rally to ask Robert Baden-Powell to do "something for the girls".

[Queen Mary's Dolls' House](#) is the largest and most famous dolls' house in the world. It was built between 1921 and 1924 for Queen Mary, consort of George V and you can see it at Windsor Castle.

Today, [Kensington Palace](#) is the formal residence of the Duke and Duchess of Cambridge but you can visit some state rooms and gardens. Exhibitions on royal fashion always attract lots of visitors.



Complete 2 activities from the following list relating to ROYALTY:

- 🎯 Make your own crown or tiara. <https://www.youtube.com/watch?v=pxPHgbvYmYM>
- 🎯 Hold a tea party, making your own sandwiches and cakes, and drink tea.
- 🎯 Devise and play an outdoor game for a young child, remembering that it must be safe and fun to do.
- 🎯 Complete the maze from the activity pack. Take it further by creating your own for a friend to complete.
- 🎯 Out of scrap materials, create a room fit for a King or Queen.
- 🎯 Find out at least 10 fun facts about a past King or Queen.
- 🎯 Find out how royal fashion changed through the years from Queen Elizabeth I to Queen Elizabeth II. Present your findings in an interesting way.
- 🎯 Dress up as a pearly King or Queen.

# London Locations



During a visit to London, you will see numerous different types of architecture – the old and new blending in. Spot Big Ben, the Gherkin, St Paul’s Cathedral, the “Cheese grater”, the London Eye, BT Tower, the chimneys at Battersea Power Station, the “Walkie-Talkie” and Tower Bridge with HMS Belfast tied up nearby.

Hidden away, you may find the [Monument to the Great Fire of London](#), the smallest police station close to Nelson’s Column in Trafalgar Square, or London’s smallest statue in Philpot Lane of 2 mice and a piece of cheese.



Take a walk under the Thames to Greenwich, go over it on the Emirates airline cable car, climb the O2 by the Thames, walk over its many bridges or sail on a ferry. When your feet get tired, change to the London Underground or Overground, or take one of our famous red double decker buses or black cabs.

The London Underground aka "The Tube," presently has 11 lines serving over a billion passengers a year in addition to the Docklands Light Railway (DLR) and the Overground network. The Oyster Card, introduced in 2003, is the best way to journey on the tube, the DLR, the Overground and London's buses. The London Underground uses a system of nine concentric zones for the calculation of fares between stations and there are 270 functioning stations. <https://tfl.gov.uk/maps/track/tube>

Each morning at Pax Lodge, when it is open, 2 flags are raised – the World Flag and the Pax Lodge flag. Flying from the front wall of Pax Lodge are flags of countries to show where volunteers over the years that have worked at Pax Lodge have come from.



Pearly Kings and Queens, known as [pearlies](#), are an organised charitable tradition of working-class culture in London. They wear clothes decorated with mother-of-pearl buttons first associated with Henry Croft (1861 -1930), an orphan street sweeper who collected money for charity. Back then, London street traders were in the habit of wearing trousers decorated at the seams with pearl buttons they had found. Croft created a pearly suit to draw attention to himself and to aid his fund-raising activities. Pearly Queens and Princesses also wear ostrich feathers and bobby-dazzler earrings.

Complete 2 activities from the following list relating to LOCATIONS:

- Create a travel brochure, showing 10 different attractions you would like to visit in London.
- Create your own London skyline using whatever medium you wish, making sure you include at least 5 identifiable buildings.
- Design 2 advertising posters that could be used on the side of a double decker bus. One poster should advertise Pax Lodge and the other should advertise what you love about the City of London.
- Create a word search using the names of some of the underground stations and or lines.
- Design your own flag to represent you.
- Celebrate Pax Lodge's 30<sup>th</sup> birthday with your own fundraising idea. [Click here to donate online](#)

Thank you for supporting Pax Lodge. We hope that you have enjoyed this challenge and perhaps even learnt somethings along the way. Don't forget to purchase your badge from the [WAGGGS shop](#)

If you would like to take it further Pax Lodge has a number of challenges around London which fit into the different sections of this challenge:

-  Peace – Pax Lodge Challenge: Find out more about the history and running of Pax Lodge.
-  Environment – Green Challenge: Explore the green spaces in London
-  Arts – Harry Potter Challenge: Visit sights around London used in the Harry Potter films
-  Royalty –Footsteps of our Founders Challenge: Visit places linked to the Baden-Powell family and Juliette Gordon Low
-  London Location – London Monopoly Challenge: See some of the sights of London included in the board game Monopoly.

Each challenge includes a badge and an information booklet explaining the challenge, where to go and how to get there.

For more details on how to book accommodation or attend events at Pax Lodge please go to [www.paxlodge.org](http://www.paxlodge.org) or email [office@paxlodge.waggggs.org](mailto:office@paxlodge.waggggs.org)

We look forward to welcoming you to Pax Lodge!