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Who Caused The Conflict?

Lights, Camera, Action

Peace Rhythm

Please Stand If

Women Peacebuilders

LET'S STAND TOGETHER FOR PEACE

Welcome to the World Thinking Day 2021 activity pack: Stand Together for Peace. We hope you will use this pack to celebrate World Thinking Day and stand together with over ten million Girl Guides and Girl Scouts to call for and create peace; in our lives and in the world. Peacebuilding is at the heart of Girl Guiding and Girl Scouting and is as vital and relevant today as ever.

The activities in this pack enable Girl Guides and Girl Scouts to:

STAND STRONG

- Understand what peacebuilding means.
- Explore the issues and actions that can lead to conflict and those that lead to peace.
- Empower themselves to be peacebuilders.

STAND UP

- Explore conflict situations from different perspectives.
- Practise adapting their behaviour to resolve conflict and build peace.
- Explore the link between discrimination, exclusion, and peace.

STAND TOGETHER

- Make choices rooted in their values.
- Consider the ripple effect of their actions, and how they may impact different groups.
- Take action towards creating a more welcoming and peaceful society.

Stand Together for Peace activities are designed to create opportunities to practise the six leadership mindsets of the Girl Guide and Girl Scout Leadership Model.



Scan the QR code to read more:



HOW TO USE THIS PACK

Your group should be able to earn their World Thinking Day badge in one 90-minute group meeting. However, you can adapt how you use the pack to suit your group or fit your World Thinking Day celebrations.

Why not set aside extra group meetings to work on more activities from the pack and explore peacebuilding further.

You can use our non-formal educational method to make sure completing this pack is a great experience for all participants, and they have the opportunity to take the lead!

- Before World Thinking Day, **involve your group** in deciding which activities to work on and how to complete them.
- Small groups could work on different activities, or your whole group could work on the same activities
- Encourage and support group members to take the lead in planning **and facilitating** activities where appropriate.
- Use the activities to **create space for reflection** and conversation about peacebuilding, and give enough time for everyone to share their thoughts.
- Adapt activities to suit your group where needed.



Standing Together for Peace Online

If you are not able to hold regular face to face Girl Guide and Girl Scout activities over World Thinking Day, you can adapt the pack to celebrate safely with your group online.

- 1. Always check and follow the current advice and safety guidelines from your Association on in person or online Girl Guide and Girl Scout activities.
- 2. Make sure you can create a safe space that is private to your group, and that you have permission from a parent, caregiver to connect with your group online.
- 3. Use online platforms with good security controls, and make sure you know how to use them in advance. If you're not comfortable working online, reach out to others for help.
- Talk to your Girl Guides/Girl Scouts about how to stay safe online before encouraging them to complete activities in this pack that use social media.
- 5. Make sure you have permission from your Girl Guides/Girl Scouts and a parent/caregiver before posting photos/videos online.
- 6. Do not include personal/identifying information in any content shared online.

For more information about staying safe online visit our website:



- 7. If you receive offensive or inappropriate comments, block and report the account.
- 8. Consider if delivering activities online would exclude any of your members and look for ways to address this.

For example, could you use a simpler and more accessible online platform, arrange for a group member to get access to the technology they need, or give them resources and materials so they can complete the activities?

Why not work on the Surf Smart programme with your group before World Thinking Day?



Facilitating a Brave Space

Using dialogue to create understanding between people with different backgrounds, life experiences and perspectives, is key to resolving conflict and building peace. Some activities in this pack will encourage participants to reveal their assumptions, perceptions, and judgements, and highlight how all forms of prejudice and discrimination can lead to conflict.

When facilitating Stand Together for Peace, it is important to create a safe space where participants feel they can be brave, get out of their comfort zones, truly hear each other's stories, and trust others to hear them. You can use many different methods for this. Some things you might want to consider:

- 1. Vocally state that your space is safe for all who wish to participate.
- 2. As a group come up with clear guidelines to promote respect and openness for everyone and agree how the group will keep to the guidelines.
- 3. Stress the importance of confidentiality.
- 4. Be aware of what is happening in your community and the world that may be impacting your group members.
- 5. Be mindful of your facilitation approach to make sure all voices have space to be heard.
- 6. Be ready to adapt your programme. If the group are deep in a powerful conversation, it is fine to change the plans, so they have more time to work through that conversation.
- 7. Avoid making generalisation when speaking about different issues.
- 8. Plan how you will support group members to speak up or seek support if they don't feel safe and communicate this to the group.

WHAT IS PEACEBUILDING?

Peace is ...

Peace is not just the absence of war, it means dignity, safety, and well-being for all.

How peace is defined is different for everyone and it can range from being happy in ourselves and seeing the smiling faces of our loved ones, to conflict resolution within a community and ending violence and harmful practices around the world.

Peacebuilding is ...

Peacebuilding is about dealing with the reasons why people fight and supporting people to manage their differences and conflicts in a non-violent way¹. It is very important to develop positive, personal and group relationships across different races, beliefs, cultures and classes. Understanding why people are different and why this is valuable and important helps us all to live in harmony ².



⁽What is peacebuilding?, 2020).

² Ref: International Alert. 2020. What Is Peacebuilding?. [online] Available at: https://www.international-alert.org/what-we-do/what-is-peacebuilding [Accessed 27 July 2020].

WORLD THINKING DAY FUND

Since 1932, millions of Girl Guides and Girl Scouts around the world have celebrated World Thinking Day by fundraising for the global Girl Guide and Girl Scout Movement. It is a way of appreciating the opportunities given by Girl Guiding and Girl Scouting and then giving more girls around the world the chance to be Girl Guides and Girl Scouts.

In 1932 Lady Olave Baden-Powell said:

"There are a million of us. I am not good at arithmetic and I will not make any calculations which may not come true. But a penny, or two cents, or four annas or enough centimes or groschen or Heller or Filler or ore to make the same value, is not an immense amount, especially when it is perhaps saved or earned and given with a willing hand."

Collect

Contribute to the fund and complete this year's World Thinking Day Fund activity 'the memory coin' on page 48.

Send

I've collected, what next? You have two options to send your donations to WAGGGS:

- Your National Association Contact them first. Many National Associations collect donations to send to WAGGGS.
- 2. Directly to WAGGGS You can donate online or by Cheque, Credit Card or Bank Transfer or Fundraise Online: bit.ly/WTDFund

This past year has been particularly challenging for Girl Guide and Girl Scout groups all over the world. The World Thinking Day Fund helped to keep Girl Guiding and Girl Scouting online when many of us could not meet in person.

Once we receive your donations, you will receive a special World Thinking Day 'Thank You' card and certificate as our way of showing our appreciation for all your hard work.

WORLD THINKING DAY AND PEACE

Since 1926, World Thinking Day has been a day of international friendship for all Girl Guides and Girl Scouts. On 22 February we connect with each other, fundraise for the Movement and join together in global action to make the world a better place.

Our first global gathering of young women to promote international friendship took place at Our Chalet, World Centre in the Swiss Alps in the form of the first ever Juliette Low Seminar.

1909 0 0 1926 1932

"Something for the girls - The first Girl Guides" The Girl Guide Association was founded with a group of girls in London, United Kingdom by Agnes Baden-Powell, sister of Lord Baden-Powell. The World Association of Girl Guides and Girl Scouts (WAGGGS) was founded as a worldwide movement representing numerous countries. Since then we have worked for and towards peace by encouraging friendships and mutual understanding among people across the world.

Did you know you can still visit Our Chalet today and our other World Centres? At the 27th WAGGGS World Conference in Singapore, Girl Guide and Girl Scout Associations around the world agreed that we should use our non-formal education method to promote peace in everything that we do.

For the last two years, WAGGGS' World Thinking Day themes have set the foundation for peacebuilding; we have travelled through time to practise how everyone can be empowering leaders, and explored why it is important for our communities to be rich in diversity, equity and inclusion.

1986

1993-1996

2021

1990

2019-2020

"Development is a new name for peace, and any obstacle in the way of development is a call for [Girl Guides and Girl Scouts] all to take action." – Participants at the Juliette Low Seminar, Our Cabaña, World Centre.

From 1993 to 1996 through the WAGGGS Peace Initiative, we worked with all members to actively renew individual and group efforts to make peace a reality. In this year's activity pack, Girl Guides and Girl Scouts in 152 countries will use this knowledge to leave footprints of peace in places were peace is often hard to find. Through this activity pack, we will become better peacebuilders so that we can truly live out our global promise.

EARN YOUR WORLD THINKING DAY BADGE

To earn your World Thinking Day badge, complete at least one activity from each section, starting with "Stand Strong", then "Stand Up", then "Stand Together".

Step 1

Create a 'brave space' for your group so that they are ready to fully participate, page seven.

Step 2

Complete at least one activity from each section of the pack: Stand Strong - Stand Up - Stand Together.

Step 3

Complete the Our Global Promise activity and get ready to act for peace alongside Girl Guides and Girl Scouts around the world.

BRAVO!

You have earned your World Thinking Day Badge.
Order your World Thinking Day badges online at www.wagggs.shop.org







Stand up online...

Share your Global Promise photos and ideas and see what Girl Guides and Girl Scouts around the world are doing too.

#WTD2021 #WorldThinkingDay #StandTogetherForPeace







@WAGGGSworld

ACTIVITY GUIDE

All activities are 15 - 20 minutes long and suitable for small groups, so you can fit them into one 90 minute group meeting.

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	Activity Name	Time	Younger Years	Middle Years	Older Years	Great for Individuals	Great for Online	Great for Outdoors	
Stand Strong	Peace Puzzle	20 minutes	•	•	•	•	\Leftrightarrow		
	Make Or Break	20 minutes	•	•	•			•	
	Calm Sphere	20 minutes	•	•		•			
	Decoder	20 minutes	\Diamond	•	•	•	•		
	Your Unique Potential	15 minutes		•	•		\odot		
Stand Up	The Power Of Words	20 minutes			•				
	On The Other Side Of The Conflict	20 minutes	•	•	•			•	
	Who Caused The Conflict?	15 minutes		•	•		•		
	Lights, Camera, Action	20 minutes		•	•				
	Peace Rhythm	15 minutes	\odot	•	•				
	Peace Stand If	15 minutes	•	•	•		\odot		
	Women Peacebuilders	15 minutes		•	•	\circ	•		
Stand Together	Thinking About Peace	20 minutes	•	•	•	•	•		
	Turn It Around	20 minutes	•	•	•			•	
	The Memory Coin	15 minutes	•	•	•	•	•		
	Pass The Peace	15 minutes	•	•	•	•	•		
	Things I Can Change	20 minutes		•	•	\odot	•	•	
	Ripples Of Peace	15 minutes	•	•	•	•	•	•	

Age suggestions

As Girl Guide and Girl Scout groups in different countries work in different age sections, we have given general guidance about recommended ages for each activity. Please look at the activities in advance and consider what fits your group best.

This symbol means that you may need to adapt the activity for your needs.



We will **Stand Strong** by exploring the foundations of peacebuilding.

Stand Strong activities help Girl Guides and Girl Scouts to:

- Understand what peacebuilding means
- Explore the issues and actions that can lead to conflict and those that lead to peace
- Empower themselves to be peacebuilders

PEACE PUZZLE

Explore what peace means to you as an individual and as a group.





20 MI

BE PREPARED



Start the activity sitting in small groups. For a younger group, encourage them to express their ideas through pictures and support them to add a few words.

YOU WILL NEED



- A blank giant puzzle: this can be a large sheet of cardboard, heavy weight cloth or thick paper, cut into enough randomly shaped pieces for one per participant.
- Coloured pens, markers, crayons, paints etc.
 - Ask the group to choose whether they want to listen to some inspiring music while they create the puzzle.

ACTIVITY STEPS



- 1. Working in small groups, spend a few minutes discussing what peace means to you. What feelings, expressions, ideas, places, people etc. do you associate with peace?
- 2. Read aloud:

"Peace is not just the absence of war, it means dignity, safety, and well-being for all. How peace is defined is different for everyone and it can range from being happy in ourselves and seeing the smiling faces of our loved ones, to conflict resolution within a community and ending violence and harmful practices around the world."

- 3. Each take a piece of the puzzle. You are going to create a mural, or graffiti wall, that brings together all the ideas the group has about peace.
- 4. On your own, decorate your puzzle piece with words and phrases that capture your personal definition of peace through words, feelings, expressions, and ideas that mean peace to you. Try to make it bold, so somebody could read your ideas from a distance!
- 5. If you have time, add doodles that emphasise your ideas, or decorate your puzzle piece.
- 6. Fit your puzzle pieces together and take some time to read everyone's ideas. This represents your group's definition of peace.

7. Let's reflect:

- How different were everyone's ideas? What were the common ideas you could see?
- Could you relate to ideas that were different to yours?
- Which definition means more to you the definition about, or your personal definition? Why?
- How could your group bring this mural to life through what you do in Girl Guides / Girl Scouts?



MAKE OR BREAK

Identify actions that build up or break down peace.





BE PREPARED



Divide into two teams. 90% of the group will be one team and 10% of the group will be in another team.

YOU WILL NEED



Space to run around.

ACTIVITY STEPS



- 1. Divide into two teams 90% of your groups should be peace makers and 10% should be peace breakers.
- 2. The peace breakers should start in the middle of the space close together and the peace makers should start on the edges of the space far apart.

The peace makers:

- Have to try to form a circle by holding hands.
- Once a completed circle has been formed, with three or more people all holding hands, it cannot be broken by a
 peace breaker.
- If you have multiple circles, you can choose to join together. However, the peace breakers can still break the circle if it is not yet complete.

The peace breakers:

- Have to try and break the circle before it is formed.
- Can break an incomplete circle by raising their hands together in the air and dropping it between two people holding hands. Those two people are influenced and join the peace breakers.
- 3. The game ends when; (a) there is one or no peacemakers left, (b) all peacemakers have formed a single circle or many smaller circles (c) after ten minutes of the game.

4. Let's reflect

(choose at least 2 questions)

- Who do you think won the game?
- Was it easier to be a peacemaker or a peace breaker in the game?
- Read the definition on peace and peacebuilding on page eight
- In real life is it easier to be a peacemaker or a peace breaker?
- What things do you do in your lives that break peace?
- What things do you do in your lives that help to make peace?



CALM SPHERE

Recognise the impact negative thoughts can have on your decision making.





BE PREPARED



This activity works best in small groups.

YOU WILL NEED



A clear jar or bottle with a lid for each participant, water, sand/glitter that are two different colours.

IDEA PROVIDED BY



Querétaro 16 from Guias de Mexico



ACTIVITY STEPS



- 1. Fill 80% of your jar with water.
- 2. Choose one colour and add a little bit of sand or glitter. This represents your positive thoughts about other people.
- 3. Shake your jar for five to ten seconds.
- 4. Now add a different colour of sand or glitter. This represents your negative thoughts about other people.

- 5. When you see the materials spinning around your jar, what emotion does it remind you of?
- 6. When we feel anxious, frustrated, angry or stressed it is harder to see through our negative thoughts and perceptions of others. Especially people that we see as being different to us.
- 7. What types of decisions and choices do you think we make during these times?
- 8. Now wait for the sand or glitter to settle. It may take some time. As you watch the materials settle think of things you can do to calm your mind when you are feeling like this so that you do not make permanent decisions based on temporary feelings.
- 9. Make a list as a group of some simple ways you can calm your mind. Such as counting to 50, exercising, listening to calm music, sitting quietly, taking deep breaths, hugging.
- 10. Now make a list as a group of some ways you can understand people who are different to you.

Middle years+

Read aloud:

We don't know when our environment will change, it could be a global virus or a violence incident of hate. It is very difficult to control our environment and society, but much easier to control ourselves and what we allow into our heads.

Before trying to change our society, let's unpack the negative thoughts and prejudices in our heads because this may turn into a dangerous tool when our environments are shaken up!

Younger years

Read aloud:

We cannot always stop things that 'shake us' but it is much easier to control the thoughts in our mind. Change starts with us, so we must always try to treat other people and ourselves kindly.

If you cannot find biodegradable glitter, try using coloured sand or small glass beads.



DECODER

Explore how messages in the media can be a tool or obstacle for peacebuilding.





BE PREPARED



Choose your source of media beforehand. This activity works best in pairs.

YOU WILL NEED



Selection of media examples e.g. newspapers, magazines, films/trailers, songs, posters access to internet (optional).

IDEA PROVIDED BY



The PeaceJam Foundation



ACTIVITY STEPS



- 1. Choose a source of media or pop culture such as:
 - Lyrics or audio of a popular song.
 - A poster or trailer of a film/movie .
 - A tabloid newspaper article about people.
 - A social media advertisement .

- Spend five minutes reading, listening to or looking at your media source and answer these questions:
 - What is its main message?
 - How does it promote the inclusion of specific groups of people or the exclusion of others and their ideas? (Does this bring people together or push people further apart?)
 - Do you think this represents most of the media you listen to, read or see? Why?

- 3. How do you think these messages help build stereotypes of prejudice, or help to break them?
- 4. What is one way you can decode media in the future so that it has less on an impact on your daily life?

A **Stereotype** is a category, or a group, that we put people into. It is when we think that people will act, talk or think in a certain way because of how they were born and where they are from.

Prejudice means 'to judge before'. It is when we form a negative opinion or feeling about a person or group of people without understanding the bigger picture.

This activity is from the PeaceJam Foundation Compassion in Action curriculum



YOUR UNIQUE POTENTIAL

Feel empowered by recognising your personal value to the world.





BE PREPARED



Read the definition of peace and peacebuilding on page eight., you will need wall or floor space for writing.

YOU WILL NEED



A pen and paper.

IDEA PROVIDED BY



The PeaceJam Foundation



ACTIVITY STEPS



1. Read aloud

We all have unique skills and perspective (ways of seeing the world). In other words, we each have unique potential. We are going to explore some of the unique potential that each of us offers and how we can use this potential to create an inclusive community inside and outside of Girl Guiding and Girl Scouting.

2. Think about three positive things that people would say you contribute. How would each of the following groups would answer this question about you:

"We can always count on (YOUR NAME) for _____, ____, and ____."

- Your first friends when you were about five years old
- Your Girl Guide or Girl Scout leaders.
- Your friends and classmates in school or teammates in a sports club.
- 3. Now think about the unique potential of the others in your group. Write your name in the middle of a piece of paper and put it on the floor or the wall.
- 4. You will have 90 seconds to write one word on other people's pieces of paper to describe their contributions.
- 5. Divide in teams of three to five. Choose one of the contributions you think best describes you and act it out without using any sound.
- 6. Have your team guess what contribution it is.

7. Let's reflect

Reflect on two questions in your small teams.

Choose 1 question from this section:

- Were the contributions you came up with for yourself easy to think of? Why do think that is?
- How are your three contributions reflective of your unique potential, what do they say about you?
- Which of these contributions are most valued by your group? Community? Society in general? Why do you think that is?

Choose 1 question from this section:

- Why is it important to value the different ways people contribute to the world?
- How can you use your unique potential to build peace in your local area?

This activity is from the PeaceJam Foundation Compassion in Action curriculum



THE POWER OF WORDS

Explore how the words we use can create conflict and also build peace.





BE PREPARED



Read the tips on page seven about creating a brave space. Give pieces of paper and a pen to each player. Play in groups of even numbers.

YOU WILL NEED



Pens and small pieces of paper.

STAY SAFE



Agree which words/slurs cannot be used.

IDEA PROVIDED BY



The PeaceJam Foundation



ACTIVITY STEPS



1. Read aloud

Words have a powerful impact on us all. We are bombarded with words all day through the media, by our families, friends and teachers, as well as with the words we choose to use. "Sticks and stones may break my bones but words can never hurt me" Have you heard this saying before, or a different saying that means the same thing? What do you think it means? Do you think it's true?

- 2. Think about the negative terms or slurs used to describe people that could cause harm. Each player thinks of a hurtful word and writes it once on two pieces of paper.
- 3. Once everyone has written their words, shuffle all the pieces of paper together and spread them out with the blank side facing up.
- 4. Two players turn over a piece of paper at the same time.
- If you both turn over the same word, shout REJECT. The second person to shout shares how the word makes them feel. Then you both rip up the matching words
- If you both turn over different words, take it in turns to say how the word makes you feel and then turn it back over.
- 5. Play this until everyone had a turn or there are no words left.

6. Read aloud:

People often think of negative terms slurs as being no big deal, and might say, "I was just joking around" after using offensive words or slurs. But these words are still hurtful, and the hurt can go deeper than you think. Slurs are often based on prejudices and stereotypes and can become a tool to divide people. Negative words, particularly slurs, are often used to dehumanise certain groups of people, to reduce empathy and appreciation for people's differences, and this dehumanisation can lead to discrimination, isolation, and violence.

7. Let's reflect

- What power do these words have? Why do they have power where does the power come from?
- Does using these words bring you closer or further away from peace?
- How can we be kinder and more empathic with words and create peace with our words?

This activity is from the PeaceJam Foundation Compassion in Action curriculum

Prejudice means 'to judge before'. It is when we form a negative opinion or feeling about a person or group of people without understanding the bigger picture.

Dehumanise means to deprive someone of human qualities or treat them in a way that is inhuman or degrading.



We will **Stand Up** for peace, by challenging ourselves to understand different perspectives and to resolve conflict.

Stand Up activities will help Girl Guides and Girl Scouts to:

- Explore conflict situations from different perspectives
- Practise adapting their behaviour to resolve conflict and build peace
- Explore the link between discrimination, exclusion, and peace

ON THE OTHER SIDE OF THE CONFLICT

Recognise the difference between positive conflict and negative conflict.





BE PREPARED



A timer, rope (approx. five meters long) and two firm posts - like trees or goal posts.

YOU WILL NEED



Set up your spider web, by tying the rope to the trees, adapt the difficulty level to suit your group. It should be challenging! Divide your group into teams of up to eight people.

IDEA PROVIDED BY



Distrito Querétaro 16 from Guías de México.



ACTIVITY STEPS



- 1. Choose a timekeeper who will not play (this can be the group leader). Divide into at least two teams.
- 2. The whole team should start on one side of the spider's web.
- 3. The aim of the game is to climb through the web without touching it. If you touch the web everyone must start again.
- 4. When the game begins, no one can speak (no talking, sign language or hand gestures)

- 5. Each group has one minute to plan their strategy to get across to the other side.
- 6. Try to get across the web in six minutes.

7. Read aloud:

Conflict itself is not good or bad. It depends on how we deal with the situation and if we allow the conflict to get worse. If we deal with the conflict in a healthy way it can be a great way to learn. However, if it is ignored or handled badly, it can cause discomfort, incidents, misunderstanding tension and even a crisis, for everyone involved.

8. Let's reflect

Do you think your group had good conflict or bad conflict during the challenge? Depending on your answer, discuss the questions below.

We had positive conflict

What stopped your conflict from becoming negative?

What did you learn from your conflict to work as a better team next time?

We had negative conflict

Were you using everyone's skills and including your own team?

What adjustment could everyone have made to prevent your conflict from turning negative?

What action will you take to prevent negative conflict in your Girl Guide or Girl Scout group?







WHO CAUSED THE CONFLICT?

Get inside the world of others and view conflict situations from different perspectives.





BE PREPARED



This activity works best in groups of up to five people.

YOU WILL NEED



Pens and paper optional.

ACTIVITY STEPS



- 1. Choose three storytellers.
- 2. The first storyteller has 90 seconds to tell a story about themselves involving conflict. It can be as simple as something that happened to them today. The story needs to include interactions with other people. Everyone has ten seconds to decide who caused the conflict.
- 3. Now the second storyteller has 90 seconds to tell the same story, but from the point of view of one of the other people in the story. Do not be afraid to invent a back story for the people you play! Everyone has ten seconds to decide who caused the conflict (you can change your mind).

4. Now the third storyteller has 90 seconds to tell the story from the point of view of a different character in the story. Everyone has ten seconds to decide who caused the conflict. Have you changed your minds again?

5. Let's reflect

- Did telling the story from different points of view help you think about the situation differently?
- If everyone in the story thought about the different perspectives, how do you think the situation may have changed?

If you are having trouble thinking of a story you can choose to use the suggestion cards on page 60.



LIGHTS, CAMERA, ACTION

Look at the role you play in building peace or building conflicts.





BE PREPARED



This is an activity works best in groups of up to 13 people.

YOU WILL NEED



Printed/written scenario cards.

ACTIVITY STEPS



- 1. Choose a narrator and divide your group into three, group A, B and C. If you have odd numbers of players, group 'A' should have the most people.
- 2. The narrator should read the definition of peace and peacebuilding on page eight, and then give each group their scenario.
- 3. Group A performs a two-minute role play to clearly act out their scenario.
- 4. After two minutes group B should join group A and interrupt their peaceful setting, by acting out their scenario for a further two minutes. Remember to interact with each other.
- 5. After two more minutes group C joins both groups and follows the instructions on their scenario card.

- 6. Stop after a total of six minutes of role play.
- 7. The narrator then reads out the following:

Each group read out your scenarios. Raise your hand if:

- You tried to understand what the other groups were trying to achieve.
- You tried to show empathy and work with others.
- You only wanted to complete your mission.

8. Let's reflect

- How did you feel about your role? Did you know what each group was doing? Or how did you react to the other groups?
- Would knowing what everyone else was trying to achieve have changed the way you reacted?
- How are you contributing to conflict by acting more than you are listening?

Empathy means being able to understand and share the feelings of another person.



PEACE RHYTHM

Connect with others in your group and learn how to connect with others across the world.





(for younger years, try a simpler version e.g passing a clap or stamp around a circle in rhythm)

BE PREPARED



Small stones for each participant, of the right size to fit comfortably in a hand (short sticks work too).

YOU WILL NEED



Participants sit close together in circles – in small groups or the whole group depending on the level of challenge your group wants.

IDEA PROVIDED BY



The WAGGGS World Centres.











ACTIVITY STEPS



- 1. Each take a stone or stick and sit or kneel in a circle with the stone in front of you.
- 2. Ask a volunteer to stand in the middle of the circle and count "one, two" in a slow, steady rhythm.
- a. When they shout "one", pick up the stone in front of you.
- b. When they shout "two", put the stone down in front of the person to your right.

- Practise for a while then pause and discuss: are you managing to keep the stones moving around the circle? Are the stones piling up anywhere? What can you do to help everyone keep the stones moving?
- Try again, using some of your ideas. How did it go this time?
- Let's reflect:
- Did you create a strong rhythm together? What helped you succeed?
- What part did each person play in creating a strong rhythm?
- How could your actions impact someone on the other side of the circle?
- In your life, can you think of ways your actions can impact others, even people a long way away from you? How are we all connected?
- What can we do to learn more about the wider world?

Take it further

You can try increasing the challenge by:

- Increasing the speed
- Making the pattern more complicated in different ways e.g. increase the count to three or four, then on the middle beat/s add taps or slides before putting the stone down.
- Instead of counting, sing a simple song with a rhythm that matches the pattern you are creating with the stones.

As a Girl Guide / Girl Scout, you already have five places across the globe where you belong, and where you can learn more about the world. Our five WAGGGS World Centres in the Africa Region (Kusafiri), India (Sangam), Mexico (Our Cabana), the UK (Pax Lodge) and Switzerland (Our Chalet) are the perfect place to connect with the wider world.

Scan this OR code and learn more about the World Centres





PLEASE STAND IF...

Explore the link between discrimination, exclusion, and peace.





BE PREPARED



This is an activity for your whole group.

IDEA PROVIDED BY



The PeaceJam Foundation.



ACTIVITY STEPS



- 1. Choose a narrator and then start the activity by sitting on the floor.
- 2. The narrator reads the following:

"When you hear a statement, stand up if you have had that experience. Look around the room, then sit down again ready for the next statement. This is a silent activity so please do not talk until the activity is completed. Trust is very important, so do not share other people's personal experiences outside this group without their permission."

"Please Stand If..."

- I have made changes in my daily life (for example, changing friends, how I dress, how I talk) to fit in
- Sometimes I do not feel welcome in my Girl Guide/ Girl Scout troop and local community
- Someone has said something to me that has made me feel excluded

- Me, a friend or a family member has been threatened because of race, ethnicity gender or nationality
- Someone you know personally has been in a situation where they have been scared for their safety

3. Let's reflect

- What did you notice from our pattern of standing up? What does this tell you about exclusion in your community?
- What does this tell you about your own lives?
- How do you think young people in other parts of your country or other parts of the world would respond to these statements?
- 4. Now repeat the activity using the following prompts:

"Please Stand If..."

- You have felt safe in your Girl Guide/ Girl Scout troop and local community
- You have done something to stand up for someone in the past month.
- You have an adult (leader, teacher, parent, relative) that cares about you.
- Someone has done something nice for you in the past week.
- You have a place you can go to in your local area or community that feels safe and peaceful.

5. Let's reflect

- What did you notice from your group's pattern of standing up? What does this tell you about your community?
- How do you think young people in other parts of your country or other parts of the world would respond to these statements?
- What does this activity tell you about the relationship between peace and discrimination in your lives?





WOMEN PEACEBUILDERS

Recognise the contribution that women have made to peacebuilding.





BE PREPARED



Print a copy of the Inspiring Women cards or view them using the QR code below. You can also make your own cards to add to the pack, to share the stories of inspiring women in your own country. This activity works best in groups of up to five people.

YOU WILL NEED



A copy of Inspiring Women cards, one card per person.



- 1. Select a card at random, this person is now a Noble Peace Prize nominee. If this woman has already won a Noble Peace Prize, pretend she has not.
- 2. Imagine you are a member of the Noble Peace Prize committee. The committee tries to all agree on the selection of the Peace Prize Laureate. When there is not a unanimous decision, the selection is decided by a majority vote.
- 3. You must convince your fellow committee members (everyone else in your group) that the person on your card deserves this Prize. Spend time preparing your pitch.

4. Each person in your group will have 45 seconds to convince the committee members to vote for the person on their card.

Look at your card and think about:

- The steps they made to build a more peaceful world
- The barriers and obstacles they overcame
- The difference they made in world
- How they inspire you
- 5. Now that you have heard everyone's pitch, vote on which woman you feel, should be the next Peace Prize Laureate.

The Noble Peace Prize is an award given to someone who has done great work in; building peace between countries, reducing standing armies, or creating peace organisations.

Of the 107 individuals awarded the Nobel Peace Prize, 17 are women.

Download your Inspiring Women cards here:





We will **Stand Together** to support peacebuilding and create spaces that champion equality and promote peace.

Stand Together activities will help Girl Guides and Girl Scouts to:

- Make choices rooted in their values
- Consider the ripple effect of their actions, and how they may impact different groups
- Take action towards creating a more welcoming and peaceful society

THINKING ABOUT PEACE

Reflect on what peace means to you and inspire others to think about peace.





BE PREPARED



If using art materials, gather supplies in advance. Ensure that protective wear is available if using messy materials.

YOU WILL NEED



Creative materials.

IDEA PROVIDED BY



2nd Brownie Troop of Larissa from the Greek Girl Guides Association.





- 1. Read the definition of peace and peacebuilding on page eight.
- 2. In a group or as an individual, reflect on what peace means to you. Write down any key thoughts, images and ideas and decide how you can present these ideas in a creative way.
- 3. You can choose to create a painting, collage, drawing or other piece of artwork using natural materials, perform a drama skit, write a song or a poem, it is up to you.
- 4. Your goal is to inspire others to think about what peace and peacebuilding means to them.

- 5. Write some words or a short description to tell others what your creative work is all about and what peace means to you.
- 6. Let's reflect
- How can art be used to promote peace?
- How can you as a group use art to inspire other to build peace?

Want to take it further?

Share what you have created with others. You could even hold a peace exhibition to invite others to be part of a conversation about peacebuilding. Why not use this as an opportunity to fundraise for the World Thinking Day Fund.

Find out more about the World Thinking Day Fund on page nine or by scanning the QR code below.

Bit.ly/WTDFund

Share your photos and ideas and see what Girl Guides and Girl Scouts around the world are doing too.

#WTD2020 #WorldThinking Day #StandTogetherForPeace







@WAGGGSworld



TURN IT AROUND

Recognise some of the ways we can support each other to stand up for justice.







BE PREPARED



Protect time for the discussion questions in this activity.

YOU WILL NEED



Tarpaulins (tarps) or sheets, one per small group. Large enough that all group members can stand on it without touching anybody else.

IDEA PROVIDED BY



The PeaceJam Foundation.





- Lay the tarp out in the centre of the group.
- Take a few minutes to discuss:
- What are the reasons we might identify with, or belong to, different groups in society? (social, ethnicity, race, religion etc)
- What are the different groups you can think of in your community, school etc?
- What examples can you think of when you have seen people treated unfairly or badly in your school or

community? Try to share examples of injustices you have seen. In your imagination, put these injustices on the tarp.

- Why have these injustices happened? Why were these people treated differently and unfairly?
- 3. Move so you are all standing on the tarp and read the following aloud: "This side of the tarp represents those injustices we have seen in our communities. We are going to "turn over a new leaf" or "turn things around" symbolise making a change by turning the tarp over."
- 4. As a group, work together to turn the tarp over without stepping off it.

5. Let's reflect

- How did it go? What did you have to do to succeed?
- Can you see any similarities between what you had to do to turn the tarp around, and what we may have to do to turn our communities around, to become safer, more peaceful and more equal places?
- Think back to the injustices you shared before. Did anyone stand up for the person/group being treated unfairly? Can you think of a time you have seen someone stand up for others facing injustice?
- How can we support each other to turn things around and stand together for justice?

This activity is from the PeaceJam Foundation Compassion in Action curriculum



MEMORY COIN

Plan how you can support peacebuilding locally and fundraise for the World Thinking Day Fund.





BE PREPARED



Each player needs to bring in a coin dated from the year of their life. This activity works best in small groups.

YOU WILL NEED



A coin in your local currency.



- 1. Looking at the year printed on your coin, work out how old you were when this coin was printed.
- 2. What is your most vivid memory from that year? If you cannot remember anything, think about what you may have been doing when you were this age, what did you like to do? What was your favourite food?
- 3. Capture your thoughts by writing it, drawing it or sharing with your group.
- 4. Now consider what would have made your life more peaceful at that time? Name one act of peace.
- 5. As a Girl Guide or a Girl Scout, you have the power to build peace, by doing a good turn every day.
- 6. What good turn or act of peace could you do now, that would have helped the younger you?



PASS THE PEACE

Commit to supporting peacebuilding locally as part of a global Movement.





YOU WILL NEED



A printed copy of the World Badge for each Girl Guide/Girl Scout in your group (the WAGGGS trefoil) from page 61 or make one yourself. Approx 20cm by 20cm. One side of this must be blank.

IDEA PROVIDED BY



Troop 500, Troop Sikatuna, Girl Scouts of the Philippines.



ACTIVITY STEPS



- 1. Now that you have a better understanding of what peacebuilding is, how conflicts arise and how you can resolve this, how do you think Girl Guides and Girl Scouts should build peace?
- 2. If you are in a group, talk about how Girl Guides and Girl Scouts can contribute to peace building.

Questions to think about:

- How can you include and welcome people into your community?
- What can you do to better understand people who are different to you?
- How can you resolve conflicts in your community before they become issues?

- 3. Write or draw a message about how Girl Guides and Girl Scouts can shape peace together on the blank side of your trefoil.
- 4. Record a video (maximum of 20 seconds) of you showing your drawing or reading your message for peacebuilding in your Girl Guide or Girl Scout uniform and then turn the message around to show the world trefoil and then pass the trefoil off screen.
- 5. You can pass the trefoil above you, below you, to the right or to the left.
- 6. Send this to WAGGGS at WTD@wagggs.org or share this on social media using the hashtag #WTD2020 #WorldThinking Day #StandTogetherForPeace.

Share your photos and ideas and see what Girl Guides and Girl Scouts around the world are doing too.

#WTD2020 #WorldThinking Day #StandTogetherForPeace







@WAGGGSworld



THINGS I CAN CHANGE

Reflect on things that are preventing peace and understand things we can control.





BE PREPARED



Start this activity working individually, then work with the group. Use a timer to keep the group on track.

YOU WILL NEED



A timer, a pen, a few post-it notes/small slips of paper and a copy of the Change Picture template on page 62 for each person.



- 1. Take a five-minute walk or look outside of the door or window. Think about the people and places in your community. What issues stop your community being as equal and peaceful as it could be?
- 2. Read the definition of peace and peacebuilding on page eight.
- 3. Spend five minutes exploring deeper and answer these questions in the Change Picture template:
 - a. What one issue did you feel most strongly about?
 - b. What do you think causes this issue?
 - c. What would your ideal and peaceful solution look like?
 - d. What obstacles make it hard to reach that solution?
- 4. Spread out everyone's Change Pictures around your space.

- 5. Take your slips of paper and pen, start a five-minute timer and run to a different Change Picture.
- 6. What actions could they take to remove the obstacle or resolve the issue? Write one action idea on each slip of paper and put them next to the Change Picture.
- 7. Return to your Change Picture, where somebody should have left you some action ideas! Add any other you can think of.
- 8. There are many things that impact our lives and some are easier to change than others. Arrange the actions on a scale of easy, medium, hard.
- 9. Once you have sorted all the action ideas, look at where they are on the scale.

You have power to build peace and create change! Keep your Change Picture.

Are you ready to act on the issue you identified? Remember it when you think about your global promise at the end What do the 'easy' actions have in common? Is there anything you think is impossible to change? Why?

Want to take it further?

The "Speak Out for Her world"
Toolkit will help you understand how you can 'speak out for your world' and develop your own advocacy campaigns.

Be the Change 2030 is a programme that older years can use to create a social change project from start to finish.







RIPPLES OF PEACE

Explore how a single small act of peace can have a wider impact.





BE PREPARED



Fill a wide container with water. This activity works best in small groups.

YOU WILL NEED



Container with water, medium sized pebbles, markers.

ACTIVITY STEPS



1. Drop the pebble into container of water. Watch ripples move, did they reach the edge of the container?

2. Read aloud

The pebble represents each small act of peace and kindness we do, and the ripples represent how our actions reach out to others. What would happen if ten million Girl Guides and Girl Scouts all took one action toward peace, what would those ripples look like? What difference would that make in the world?

- 3. Now pick up the pebble and close your eyes. How does the pebble feel in your hand? How heavy is it? How strong is it? Where do you think it has been?
- 4. Now think of the pebble's home and what amazing, joyful, and peaceful moments it has seen.

- 5. How can you bring that same energy, tranquillity, and peace to one person in your community, perhaps someone who have never met before?
- 6. On your pebble write down one action you can take within the next week to build this feeling of peace.
- 7. If you are in a group, put all your pebbles together, and build an image of peace. This can be anything that symbolises peace to you.
- 8. Keep your pebble as a reminder of the impact that you can make as one of ten million to build peace.



OUR GLOBAL PROMISE

Renew your Promise and your commitment to building peace and shaping a positive future.

As Girl Guides and Girl Scouts we share a set of unique values that help us to live with purpose to make the world a better place. The Promise, although it differs for every country, has three main parts:



Be the best version of ourselves

Assist our community and country



Keep the Girl Guide or Girl Scout Law

By keeping our Promise, we help to shape a positive future where everyone can thrive. By keeping our promise alive every day, we make a commitment as peacebuilders.

End your World Thinking Day activities by holding a Promise ceremony

YOU WILL NEED



Paper, scissors, glue or tape, markers or pens.





O MIN

BE PREPARED



If doing the activity with the younger age group you may choose to pre-cut the paper. This activity works best if the group is in a circle or horseshoe formation.



- 1. Cut your paper into strips.
- 2. On one strip of paper write an act of peace (a good turn) that will help to build peace.

3. Read aloud:

If we all took steps together towards a more peaceful world and did a good turn every day that would be ten million acts of peace each day and three billion, six hundred and fifty million acts of peace each year!

- 4. One person says their Girl Guide/Girl Scout Promise aloud
- 5. Look at one or more Girl Guide/Girl Scout promises from another country. Ask your group members to discuss how it is different, and how it is the same, to their own promise.
- 6. Share the act of peace written on the strip of paper with your group or the person standing next to you.
- 7. As you share an idea, make a loop with your strip, connecting it to another loop to form a chain.
- 8. Continue adding to the chain until all the ideas are connected to form one long peace chain.
- Ask your group if they are ready to re-make their promise and commit to living by it as a way to build peace in their communities and the world. Re-make your promise together.

10. Let's reflect:

- The World Association of Girl Guides and Girl Scouts represent over ten million Girl Guides and Girl Scouts. What other countries can you think of that might have Girl Guides and Girl Scouts?
- What do you think life for a girl like you in that country might be like?
- Do you really know? How could you find out?

Lets share our peace promises with the world to celebrate World Thinking Day! Take a picture of your promise ceremony and share using #WTD2021 #WorldThinkingDay #StandTogetherForPeace.

Don't forget to take a look at what other Girl Guides and Girl Scouts around the world are doing too.







Girl Guiding and Girl Scouting around the world

The following 152 countries have a national Girl Guide or Girl Scout Association/Federation that are members, or are working towards membership* of the World Association of Girl Guides and Girl Scouts. Correct as of July 2020

AFRICA REGION

(This refers to sub-Saharan Africa)

Benin Botswana Rurkina Faso Burundi Cameroon

Central African Republic Chad

Congo

Democratic Republic of Congo

Gambia Ghana Guinea Ivory Coast Kenva Lesotho Liberia Madagascar Malawi Mauritius Mozambique³

Nigeria Rwanda Senegal Sierra Leone South Africa South Sudan Swaziland Tanzania

Namibia

Niger

Togo

Uganda

Zambia

7imhahwe

ARAB REGION

(This refers to Western Asia and Northern Africa)

Bahrain Egypt Jordan Kuwait Lebanon Libva Mauritania Oman Palestine Oatar Sudan Svria Tunisia United Arab Emirates Yemen

ASIA PACIFIC REGION

(This refers to Eastern Asia. Southern Asia and Oceania)

Australia

Bangladesh

Brunei Darussalam Cambodia Cook Islands Fiii Hong Kong India Japan Kirihati Korea Malavsia Maldives Mongolia Mvanmar Nepal New Zealand Pakistan Papua New Guinea Philippines Singapore Solomon Islands Sri Lanka Taiwan Thailand

Tonga

FURNPE REGION

(This refers to Europe, Caucasus region and part of the Mediterranean)

Albania Armenia Austria Azerbaijan Belarus Belgium Cyprus Czech Republic Denmark Estonia Finland France Georgia Germany Greece Hungary Iceland Ireland Israel Italy Latvia Liechtenstein Lithuania Luxembourg Malta Monaco Montenegro* Netherlands Norway Poland Portugal Romania Russian Federation San Marino

Slovak Republic

Slovenia Spain Sweden Switzerland Turkey Ukraine United Kingdom

WESTERN HEMISPHERE REGION

(This refers to North America, the Caribbean and South America)

Antigua and Barbuda Argentina Aruba **Bahamas** Barbados Belize Bolivia Brazil Canada Chile Colombia Costa Rica Curação Dominica Dominican Republic Ecuador

FI Salvador Grenada Guatemala Guvana Haiti Honduras Jamaica Mexico Nicaragua Paraguay Peru Republic of Panama

Saint Kitts and Nevis

Saint Lucia

Saint Vincent and The Grenadines

Suriname

Trinidad and Tobago United States of America

Venezuela

Promises from around the world

'With the help of God, with your help and happily' or 'With your help and happily' I promise to do my best:
To study in detail the values of our Girl Scout Law,
To search for the meaning of my life,
To be involved in the community where I live

- Switzerland Girl Scout Promise



On my honour,I promise that I will do my best to do my duty to God and my country, To help others and To obey the Girl scout/Girl Guides

- Syria Girl Guide Promise



I promise on my honour to do my best: To do my duty to God and my country, To help other people at all times, and To obey the Guide Law.

- Venezuela Guide Promise

I promise on my honour that I will do my best:

To do my duty to God and my Country, To help other people at all times and To obey the Guide Law.

- Kenya Girl Guide Promise

I promise that I will do my best
To be true to myself and develop my
beliefs
To serve my community and Australia

And live by the Guide Law

- Australia Girl Guide Promise

Try the World Centres international activity pack



nups://bic.ly/onier15N

Watch this video to get a taste of the World Centres



Our five WAGGGS World Centres in the Africa Region (Kusafiri), India (Sangam), Mexico (Our Cabaña), the United Kingdom (Pax Lodge) and Switzerland (Our Chalet) are a place to connect Girl Guides and Girl Scouts from across the Movement.

APPENDIX

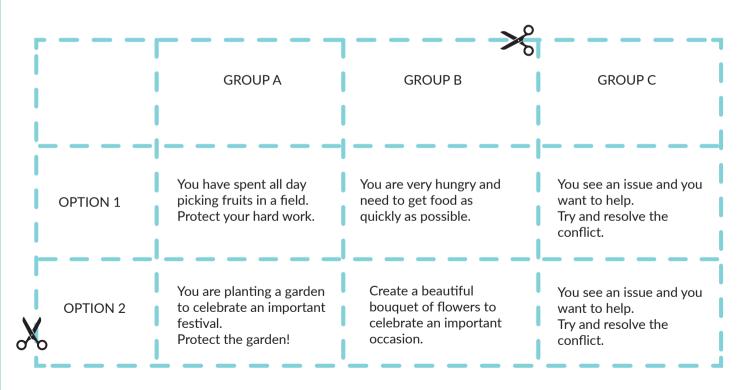
Who Caused the Conflict (cards) Page 32

If you are having trouble thinking of a story for the 'who caused the conflict' activity. You can use the suggestions below. Pick a subject, object and scenario at random to create your conflict story.

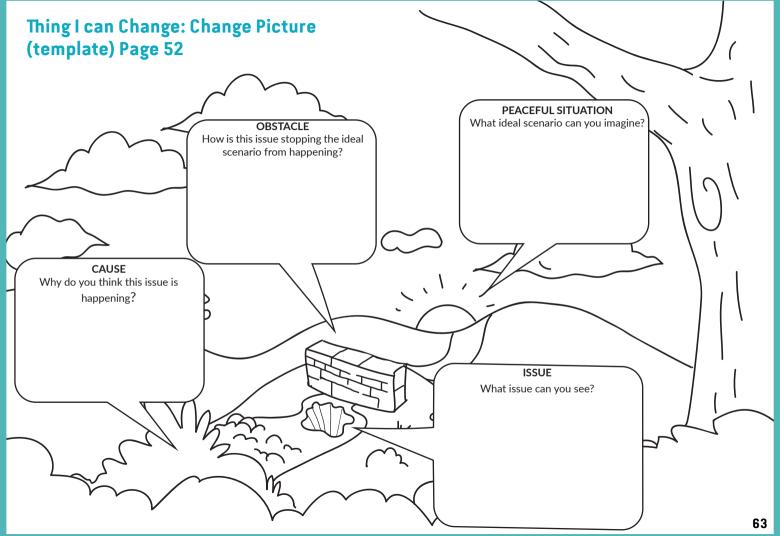
Subject Old Man	Object Ball	Scenario Walking in the park
Subject Young person and their dog	Subject Food shopping	Scenario Fell over
Subject Teammates	Subject Playing a game	Scenario Bumped into you

Lights, Camera, Action (cards) Page 34

Scenario cards:



Pass the Peace (template) Page 50



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Designed by Dele Nuga

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