# Mexican Activities

These activities will help you learn about Mexican culture and traditions. They can be used to prepare a Mexican night, to decorate the place or perform with people who visit your stand of Our Cabaña. If you enjoy them, all the Guides and people who shared with you will do the same and it will be easier to plan a visit to Our Cabaña.

## Quesadillas

A quick easy favorite for late evening snacks.

Quesadillas can be made with purchased tortillas or homemade. Heat the tortillas on the griddle on one side only. Place the filling on half of the heated side and fold the other half over. Fry on both sides and serve hot.

Accompany quesadillas with sour cream, slices of avocado or guacamole, finely shredded lettuce, finely chopped onion or crumbled ricotta/dry feta cheese and salsa.

## Mexican Hot Chocolate

INGREDIENTS:

* 3 tablespoons instant hot chocolate
* 1 tablespoon chocolate syrup
* 1/2 teaspoon ground cinnamon
* 1/4 cup milk
* 3/4 cup boiling water.

PREPARATION:

In a large mug add milk, mix the hot chocolate mix, chocolate syrup and cinnamon. Add the boiling water and stir.

## God’s Eyes

The Huichol Indians of Mexico and the Aymara Indians of Bolivia weave brightly colored yarn on a simple frame of crossed sticks to make a design called “Ojo de Dios” or “God’s Eyes”. Originally God’s eyes were made to be placed on an altar so that the gods could watch over the praying people and protect them. They are now more often sold in markets, reminding us that God looks with love on people everywhere.

MATERIALS:

* Sticks (chopsticks, pencils, barbecue sticks…)
* Colored Yarn
* Scissors

DIRECTIONS:

1. Cross the sticks at the center. Tie them together with the end of a piece of yarn, making an X, but don’t cut the yarn off its skein. Tie the yarn in back of the 2 crossed sticks.
2. Pull the yarn over the top of one of the sticks. Wrap it all the way around the stick so it crosses the top twice. Then pull the yarn across to the next stick and repeat the process.
3. Continue the same way until you have almost reached the ends of the sticks. Make sure that the threads lie next to one another but do not overlap.
4. You can change colors as you go along if you wish. Do this by cutting the first yarn and tying it off at the back. Then tie the new color on to the sticks and begin again.

## Paper Cut

Paper cut is a Mexican craft that are made ​​from cut paper and has been used since ancient civilizations of our country, for example the Aztecs made ​​their ornaments and holy vestments with the sacred paper that could give it the way they wanted, decorated, and painted, where represented the images of their gods; they painted figures and symbols on paper with melted rubber.

After the arrival of the Spaniards and there were other cultures and different ways to cut paper.

One way to make paper cut is to draw a guide mold first on paper, then put several pieces under the mold and go cutting it with scissors. Another easy way for you to make paper cut is:

MATERIAL:

* + Tissue Colored paper.
	+ Scissors
	+ Glue
	+ Resistant treat or rope.

DIRECTIONS:

1. Cut squares of paper the way and size you like.
2. Make a fold in one side of the paper, about 3 cm. Because there you are going to hang it.
3. Place the paper, so that the fold is in front and connects the opposite side to the fold to its limit.
4. Draw the figures you want in the side of the paper, except the side where you did the fold, make triangles, squares, semicircles, etc. Leave a space between them and cut them.
5. Re fold the paper up the fold and repeat the above procedure.
6. Un fold your paper and it’s ready. It is decorated.
7. At last where you fold the paper you might insert the treat, glue it. Repeat the procedure with all the paper you previous prepare. Remember to live a space at the ends to tie or hang it.

We hope you have enjoyed these Mexican activities. Remember that you can contact us: nuestracabana@guiasdemexico.org.mx