



**Swiss Experience -  
Adventure**  
30 September - 7 October 2020

## Swiss Experience - Adventure

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If your idea of fun includes challenging yourself while experiencing the culture and beauty of the Swiss Alps, this is the event for you! Packed with opportunities to try new activities, learn about our global movement, and explore the outdoors, this event is open to Guides and Scouts of all ages. Come and spend an unforgettable week in the Swiss Alps!

### Cost

**CHF 810 per person**

This event is open to Guides and Scouts of all ages and genders.

**Note:** Accommodation is in shared rooms. A limited number of single and twin rooms are available on request; there is a surcharge of CHF10 per person per night for these rooms.

### Package includes

- 7 nights of accommodation in rooms allocated by Our Chalet
- All meals (breakfast, packed lunch and dinner from arrival day to packed lunch on departure day)
- 6 day programmes, 5 evening programmes
- All costs associated with activities, hikes and excursions (including gondolas) as indicated in the programme
- Luggage transfer from Adelboden Oey (8am-6pm only, must be pre-booked).

### Package price does NOT include

- Souvenirs and snacks
- Additional taxis or buses required in lieu of planned hikes on the itinerary
- Travel or health insurance
- Travel to and from your home to Our Chalet
- Additional nights' accommodation and meals at Our Chalet before or after the event week
- Use of internet and laundry facilities

### Booking

Please take the time to read through this Information Pack. For more information and to reserve your place, contact [info@ourchalet.waggs.org](mailto:info@ourchalet.waggs.org) or make an on-line booking enquiry at <https://www.waggs.org/en/our-world/world-centres/our-chalet/book-now/book-online/online-booking-our-chalet/>

Once you have confirmed the details of your booking we will send you a booking contract and request a 10% non-refundable deposit to secure your reservation.

## Day Programme

The Our Chalet Team is pleased to offer the following activities, all of which are led by our fully trained volunteer staff. Participants under age 18 must be accompanied by at least one responsible adult aged 18+ on all programme activities.

Please note that activities are subject to change based on the weather and opening dates of attractions. The following is an example itinerary.

	Time	Activity	Meeting Place
<b>Day 1</b>	PM	Arrivals (check in after 14.00)	Reception
	19.30 – 21.00	<b>Our Chalet Tour</b>	Flag Pole
<b>Day 2</b>	09.00 – 09.20	<b>Opening Ceremony</b>	Flag Pole
	10.00 – 12.00	<b>On-Site Activities</b>	Flag Pole
	12.00 – 13.00	<b>Swiss BBQ Lunch</b>	Veranda
	13.00 – 17.00	<b>On-Site Activities</b>	Flag Pole
	19.30 – 21.00	<b>Swiss Night</b>	Flag Pole
<b>Day 3</b>	09.00 – 17.00	<b>Adventure Park &amp; Climbing Wall</b>	Flag Pole
		Free evening	
<b>Day 4</b>	09.00 – 17.00	<b>Interlaken Day</b>	Flag Pole
	19.30 – 21.00	<b>Magic Tree Hike</b>	Flag Pole
<b>Day 5</b>	09.00 – 17.30	<b>Engstligen Falls Hike and Via Ferrata</b>	Flag Pole
	19.30 – 21.00	Free evening	
<b>Day 6</b>	09.00 – 17.30	<b>Woodcarver's Hike &amp; Adelboden Town</b>	Flag Pole
	19.30 – 21.00	<b>Games Night</b>	Flag pole
<b>Day 7</b>	09.00 – 17.30	<b>Silleren Hike Day</b>	Flag Pole
	19.30 – 21.00	<b>Closing Ceremony &amp; Campfire</b>	Flag Pole
<b>Day 8</b>	AM	Departure (check out before 10.00)	Reception

## Day Programme Descriptions

### On-site Day

The first full day is based at Our Chalet. We start with an official Opening Ceremony followed by three or four on-site activities. These can be campfire skills, orienteering, an introduction to a WAGGS programme, an environmental activity, or Swiss craft.



### Adventure Park and Rock Climbing

This outdoor adventure day takes you on a 1-hour hike from Our Chalet to the Rehärti Adventure Park. At the Adventure Park you can have a go at flying across the river on a zip wire, navigating your way across high rope bridges and abseiling (rappelling) off a bridge! If that's not enough, you can try scaling some rocks at the nearby climbing wall.

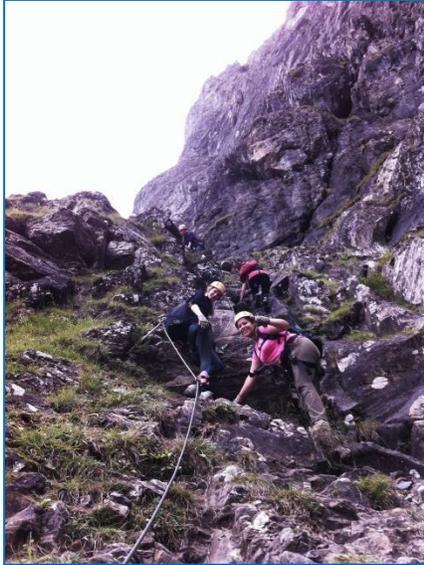
### Woodcarver's Hike and Adelboden Town

Hike along quiet roads and trails to the well-known Adelboden Woodcarver, where you can watch carving in action. A walk through the Cholerenschlucht, a beautiful example of a naturally carved gorge, adds extra excitement to the hike. Then enjoy exploring the village of Adelboden with a scavenger hunt to help you find the highlights.



### Silleren Day

Sillerenbühl (1974m) is one of the most popular mountains in the Adelboden valley. Views of the higher surrounding mountains and the valley are magnificent from the top. There are a variety of paths down, including the famous 'Vogellisi' trail, or a hike through the stunning Bütschital. There is also a beautiful and scenic flower trail across to the Hahnenmoos Pass, which allows for a glimpse into the Lenk valley and the mountains beyond. More challenging hikes such as Regenboldshorn (2193m) or up to Troneggrat (1903m) are also on offer here.



### Engstligen Hike & Chäligang Via Ferrata

First, you will walk 1.5-2 hours from Our Chalet to the base of Engstligen Falls, the second highest waterfall in Switzerland. After enjoying your picnic lunch at the base of the waterfall, you will meet your Mountain Guide who will give you all the necessary equipment and instructions for making your way up to Engstligenalp (1900m) along the Via Ferrata (Klettersteig) route, a challenging hiking route with cables and ladders requiring harness and attachments. After your climb, you will have time to enjoy the beautiful high alpine plateau before catching the gondola (cable car) down and heading back to Our Chalet.

This activity requires a good level of fitness and an ability to use both hands to climb up the Via Ferrata. The maximum weight limit for this activity is 120kg (260lbs). Please contact [programme@ourchalet.waggs.org](mailto:programme@ourchalet.waggs.org) to discuss possibilities for accommodating people with different abilities.

### Interlaken and Trummelbach Falls

Take an excursion by bus to the adrenaline-fuelled town of Interlaken. Visit to a local chocolatier, where you can sample authentic hand-made Swiss chocolate, watch the paragliders land in the town centre, and take time to explore the town. An optional visit to the stunning glacial Trümmelbach Falls in the Lauterbrunnen Valley can finish off the day



## Evening Programmes

During your stay, Our Chalet Staff offer Evening Programmes. These provide you with a chance to meet other guests who are at Our Chalet during your stay. There are opportunities to play fun games, learn about WAGGGS, go on a beautiful hike, or enjoy an unforgettable campfire.

### Swiss Night

Whilst in Switzerland take part in this unique opportunity to learn more about your host country. Experience some Swiss culture with a play on the William Tell story, a Swiss quiz, authentic alphorn music and, of course, chocolate fondue tasting!

### Games Night

Join us for an evening of games! Games Nights are special at Our Chalet, and vary from longer, strategic wide games to short, energetic, creative ones. You could be solving a mystery, going on a Scavenger Hunt, or playing lots of different board games.



### Magic Tree Hike

Hike into the neighbouring Bonderlen Valley to the ancient Magic Tree, a hollow tree that has been standing for over 600 years. Step inside to make a wish!

### Campfire

No Guiding or Scouting experience would be complete without the traditional Our Chalet campfire. Join our international staff for a campfire where you can learn some new songs and sing and teach some old favourites. During the campfire we will present Our Chalet Challenge badges and end the week with a closing ceremony.

## Our Chalet Challenge

If you feel like giving yourself the ultimate challenge, and would like to discover more about Our Chalet, Switzerland, and WAGGGS, then the Our Chalet Challenge is for you! The Our Chalet Challenge consists of six components: Physical Challenge, WAGGGS Knowledge, Our Chalet History, Swiss Culture, Personal Challenge and Service. If you manage to complete all six sections, you will be presented with a special Our Chalet Challenge badge. The cost of the badge is included in the programme package.

## Preparation and suggested packing list

Our Chalet is located in the Swiss Alps, 1353 metres above sea level, and the weather can vary greatly, sometimes within an hour! We advise participants to keep this in mind when packing and bring clothing suitable for all weather conditions. Layers, including good waterproof jacket and trousers, are strongly recommended. Hiking boots with ankle support and good grip are necessary to take part in hiking activities.

You can find our suggested packing list, along with answers to frequently asked questions, here: <https://www.waggs.org/en/our-world/world-centres/our-chalet/book-now/frequently-asked-questions/>

In order to be able to fully participate in this event, and to make the activities as enjoyable as possible, we recommend that participants build up their fitness prior to arrival.