



International Friendship Week - Tourist Version

21 September – 29 September 2019

International Friendship Week

21 September – 29 September 2019

This is a special event created for Friends of Our Chalet, Trefoil Guilds and Guide and Scout Fellowships. It offers you the chance to experience WAGGGS' first world centre, while enjoying an exciting tailor-made programme. This programme provides the perfect opportunity to explore the beautiful Adelboden valley, visit nearby towns, catch up with old friends, and make some new. This event is sold as a complete package.

To best accommodate all participants, we have attempted to put together a programme with a variety of both hiking and excursion activities. On most days we will try to offer both a more leisurely option as well as a more physically challenging option. Additionally, we will be running two 'choice' days where, provided enough people are interested in both, one option will have a town excursion focus and the other option a hiking focus.

Cost

CHF 1105 per person

This event is open to individuals and groups of all ages.

Note: Accommodation is in shared rooms. A limited number of single and twin rooms are available on request, there is a surcharge of CHF10 per person per night for these rooms.

Package includes

- 8 nights of accommodation in rooms allocated by Our Chalet
- All meals (breakfast, packed lunch and dinner, starting from dinner on arrival day until packed lunch on departure day)
- 6 day programmes, 7 evening programmes
- All costs associated with activities, hikes and excursions (including gondolas) as indicated in the programme
- Luggage transfer on arrival and departure day

Package price does NOT include

- Personal souvenirs and snacks
- Additional taxis or buses required in lieu of planned hikes on the itinerary
- Travel or health insurance
- Travel to and from your home to Our Chalet
- Additional nights' accommodation and meals at Our Chalet before or after the event week
- Use of internet and personal laundry

Booking

Please take the time to read through this Information Pack. To reserve your place, contact info@ourchalet.wagggs.org or make an on-line booking on our website at www.ourchalet.ch. We will then provide you with a booking contract and request a 10% non-refundable deposit which will secure your reservation.

Yours in Guiding and Scouting,

Your Our Chalet Team

Day Programme Descriptions

The Our Chalet Team is pleased to bring you the following activities, all of which are led by our volunteer staff. Please note that the different hikes and activities will be guided according to weather conditions and the wishes and abilities of participants. The following draft event itinerary is subject to changes. Please see the next page for descriptions of the programme.

	Time	Activity	Meeting Place
Day 1	PM	Arrivals (check in after 14.00)	Reception
	19.30 – 21.00	Our Chalet Tour	Flag Pole
Day 2	09.00 – 17.00	Thun/Silleren Day	Flag Pole
	19.30 – 20.30	Sing Song Evening	Conference Room
Day 3	09.30 – 12.30	Hike and Sing - Bonderfalls	Flag pole
	14:30 – 16:30	Small Group Singing Afternoon	
	16:30 – 18:00	Our Chalet Auction	Conference Room
	19.30 – 20.30	Campfire singing/performances	Campfire Circle
Day 4	09.30 – 17.00	Engstligen Day	Flag Pole
	19.30 - 21.00	Swiss Night	Dining Hall
Day 5		FREE DAY	
Day 6	09.00 – 17.30	Ballenberg Day	Flag Pole
	20.00 – 21.00	Cheese & Wine Night	Dining Hall
Day 7	09.00 – 17.30	Aare Gorge & Reichenbach Falls Day	Flag Pole
	19.30 – 21.00	WAGGGS Night	Dining Hall
Day 8	09.00 – 17.30	Woodcarver's Hike & 20 Years Spycher Celebration	Flag Pole
	19.30 – 21.00	Closing Ceremony & Campfire	Flag Pole
Day 9	AM	Departure (check out before 10.00)	Reception

Day Programmes

Bunderfalls Hike and Sing Day

This day will take us on a beautiful hike into the neighboring Bunderlen Valley, where we will get a fantastic view of the mountain Lohner and some spectacular waterfalls cascading off it, and share some of our favourite hiking songs.



Woodcarver's Hike & celebration of Spycher building



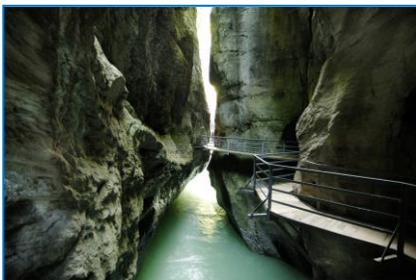
We will hike to the popular **Adelboden Woodcarver**, have a chance to see him carving, and perhaps purchase some unique souvenirs. Don't forget to bring a badge from your area for the ceiling in his shop! Afterwards you can visit the nearby Cholerenschlucht, a beautiful example of a naturally carved gorge.

For the afternoon, we will be back at Our Chalet to join in with the celebration of the 20 year anniversary of the opening of Spycher building.



Engstligen Day

This hike will take us along the banks of the River Engstligen for approximately 2 hours, ascending 188m to reach the base of **Engstligen Falls**, the second tallest waterfall in Switzerland! There is a quiet picnic area in the forest where we can enjoy a BBQ lunch, and from there we will take the gondola up to Engstligenalp and explore what this unique plateau has to offer. There are delightful restaurants and cafés, surrounded by beautiful peaks, and if you wish to hike more there are a variety of hiking paths on the Alp.



Aare Gorge & Reichenbach Falls Day

This excursion day will take us to **Reichenbach Falls**, a tributary of the Aare river, which has been made accessible by a funicular train. The Falls are known worldwide as the location where Sir Arthur Conan Doyle's hero, Sherlock Holmes, fights to the death with Professor Moriarty. For the other part of the day, we will enjoy a visit to the stunning **Aare Gorge** where the river has eroded a deep bed in the limestone. *We will be walking in between the*

two attractions (about 1,5 km) as well as through the gorge (1,5km). Participants with physical challenges may want to consider hiring a taxi in between the waterfalls and the end of the gorge.

Thun Day OR Silleren Hike Day

This day is one of the two 'choice' days. There are two options:



The **Thun Day** is a town excursion. It includes a trip to the top of the impressive 'Swiss Pyramid', Niesen, by way of a funicular, for the opportunity to enjoy the view over a cup of tea or coffee. You will then get a chance to take a boat trip across the lake, and visit the beautiful medieval town of Thun.

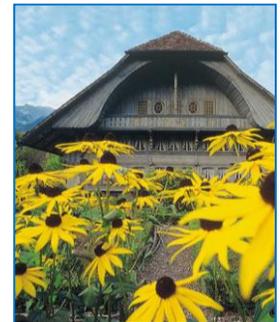


For the **Silleren Hike Day** option you will be able to take the gondola up to the top of Sillerenbühl, one of most popular mountains in the Adelboden valley. Views of the higher surrounding mountains are magnificent from the top, and from there are a variety of paths down, including the famous 'Vogellisi' trail, a beautiful and scenic flower trail, or a trail that meanders through the stunning Bütschital.

Ballenberg Open Air Museum OR Tschenten Hike Day

This is the second 'choice' day, and again there are two options:

One alternative would be to visit the **Ballenberg open air museum**, a brilliant place to learn more about the past and present of Switzerland and its various geographically and culturally different regions and cantons. You will see architecture and traditional crafts from all of Switzerland as well as some farm animals of historically remarkable breeds.



For the **Tschenten Hike Day** option you will be able to take the gondola up to the top of Tschentenalp, which will provide fantastic views down the Adelboden valley. Head to the top of Schwandfäldspitz for lunch, and then enjoy a beautiful mountain trail down to Schärmtanne, where a drink in the local restaurant could end a perfect hike day.



Evening Programmes

Our Chalet Tour

Come and learn about the history of Our Chalet with a presentation. You can learn about the current status of Our Chalet and the progress we are making. We will then take you on a tour of the main buildings.

WAGGGS Wide Game



With this evening programme you will have a chance to refresh your knowledge about WAGGGS. We will learn more about what WAGGGS has been doing lately to improve the lives of girls and young women worldwide with the Millennium Development Goals.

Swiss Night

While in Switzerland take part in this unique opportunity to learn more about your host country. Experience some Swiss culture with a play on the William Tell story, a Swiss quiz, authentic alphorn music and of course, chocolate fondue tasting!



Cheese and Wine Evening

Switzerland is well-known for its many tasty varieties of cheese and wine, so what better way to learn about the culture than to taste it? We will put together a special platter of the most delicious (and local!) wines and cheeses for you to sample during this special evening. Enjoy this while listening to the story of the origins of Our Chalet as told by Falk herself!



Closing Ceremony & Campfire

No Guiding or Scouting experience would be complete without the traditional Our Chalet campfire. Join our international staff for a campfire where you can learn some new songs and sing some old favourites. Bring a warm jacket and a torch! During the campfire we will present Our Chalet Challenge badges and end the week with a Closing Ceremony.

Sing Song Evening

This allows us to get together and sing our favorite Guiding and Scouting songs.

Our Chalet Challenge

If you feel like giving yourself the ultimate physical challenge, and would like to discover more about Our Chalet, Switzerland and WAGGGS, then the Our Chalet Challenge is for you! The Our Chalet Challenge consists of six components: Physical Challenge, WAGGGS Knowledge, Our Chalet History, Swiss Culture, Personal Challenge and Service. If you manage to complete all six sections, you will be presented with a special Our Chalet Challenge badge. The cost of the badge is included in the programme package.

Preparation and suggested packing list

Our Chalet is located in the Swiss Alps, 1353 metres above sea level, and the weather can vary greatly on a daily basis. In order to fully enjoy this programme and feel comfortable with changing weather conditions in the Alps, we advise you to be aware of this while packing, as well as build up your level of fitness prior to your arrival. You can find our suggested packing list on our website under the Book Now, Prior to Arrival section.