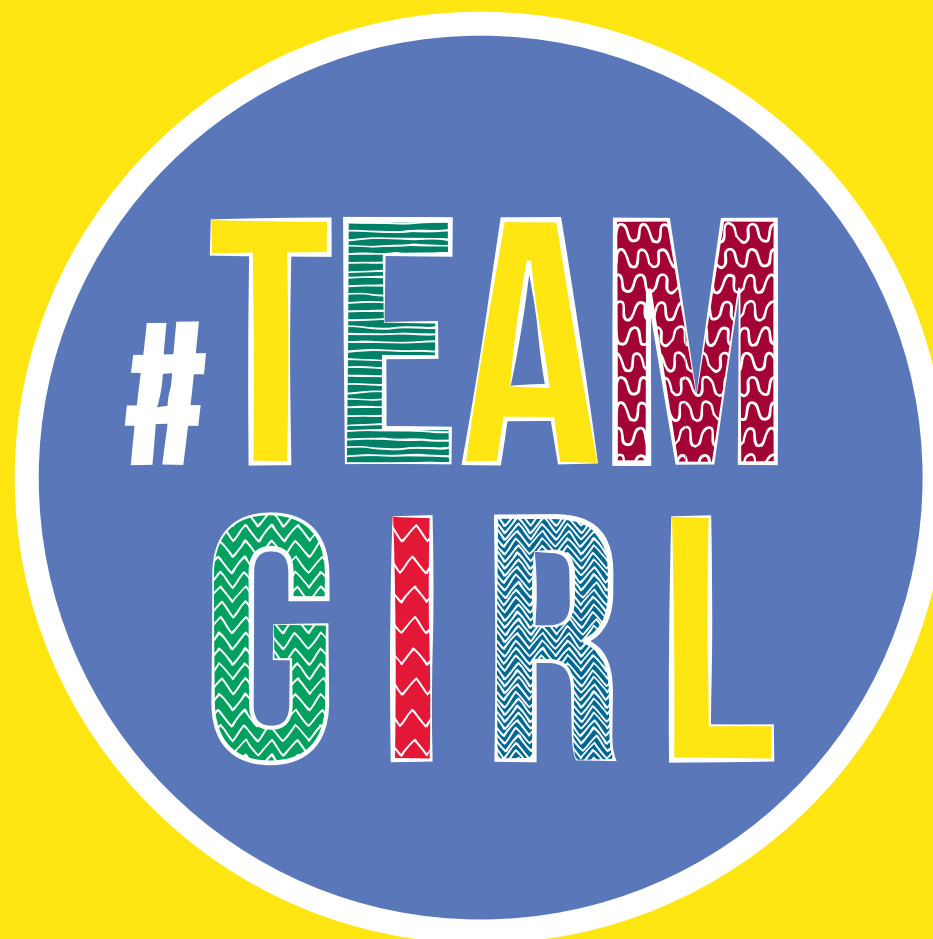


World Association
of Girl Guides
and Girl Scouts



INTERNATIONAL DAY OF THE GIRL
2016



...ARE YOU READY

TO JOIN

#TEAMGIRL?

WELCOME!

This 90 minute programme has been created for WAGGGS members of all ages to celebrate International Day of the Girl (IDG). You'll discover more about the UN's Global Goals for Sustainable Development, and build up your team to take action on the Goals you're passionate about. Then, you'll become part of WAGGGS **#TeamGirl**, connecting with members from across the world!

How to use the programme

To earn an **IDG2016 badge**, simply choose one activity from each of the following sections.

- 1. Team Discover (15 mins):** What are the Global Goals and how will they change the world
- 2. Team Build (10-20 mins):** Teamwork will help make the Global Goals a reality – build your own team!
- 3. Team Action (30+mins):** Decide which Goals you are most passionate about and what you can do to make a difference
- 4. #TeamGirl! (20 mins):** Share your pledge with WAGGGS and with the world using #TeamGirl, and join the team to create the world you want to see

Extra activities: At the end of this pack, there are other optional activities you could try if you have more time.

What is International Day of the Girl?

In 2012, the United Nations declared October 11 as the annual International Day of the Girl (IDG). It's a day to promote girls' human rights and tackle gender inequality, discrimination and the abuse suffered by girls around the world.

WAGGGS has been part of IDG from the beginning, choosing a theme and providing tools to support WAGGGS Members to celebrate IDG, raise awareness about issues affecting girls, and increase the profile of the work our Movement does to empower girls in 146 countries around the world.

Follow @waggggs_world, #TeamGirl and www.waggggs.org to hear inspiring stories from WAGGGS members in all five regions.

What are the Global Goals for Sustainable Development?

The Global Goals were agreed by global leaders at the United Nations in 2015 to shape the future of the world, and bring countries together to continue the work started by the Millennium Development Goals. The 17 new Global Goals represent an ambitious agenda to end poverty, fight climate change, and tackle all forms of inequality by 2030. To reach the Goals and create the world we want to see, governments, NGOs, communities and individuals across cultures and countries must all work together. Visit www.globalgoals.org for more information.

During International Day of the Girl this year, WAGGGS is focusing on five of the Goals, and you'll hear more from young women taking incredible action on these issues. Follow #TeamGirl and @waggggs_world to hear all the stories! These Goals are:



Goal 3:
Good health
& well-being



Goal 5:
Gender
equality



Goal 8:
Decent work
& economic
growth



Goal 13:
Climate
action



Goal 16:
Peace &
justice

You can choose to focus on any of the 17 Goals during this session! The poster showing all 17 is on page 17.

What will our group learn?

This activity pack will help your group to understand:

- Why the Global Goals matter in your community, and what they mean for young people in other countries
- The importance of working as a team to make a difference – and that they are part of a global #TeamGirl of 10 million girls and young women.
- The importance of speaking out for the future and shaping the world you want to see

More resources

There are fantastic resources available to support you and your group to explore the Global Goals in depth from 'The World's Largest Lesson'. Try these to get you started:

- Introduction to the Global Goals: www.youtube.com/watch?v=ry_9SU0eq9M This video was created especially for children and young people. It explains the Goals, why they are so important, and the need for us to work together to reach them.
- Lessons and activities on each of the Goals: <http://worldslargestlesson.globalgoals.org/#the-goals>
- Posters explaining each Goal in child-friendly language: <https://www.yumpu.com/xx/document/view/55730350/1-page-goals-comics-full-set-pdf>

TEAM DISCOVER

Learn about the Global Goals and what they will
achieve for your community and our



world.

WHERE DO WE STAND? (10-20 MINS)

How do the Global Goals affect your lives and your community?

Learning outcomes

Through this activity, participants will:

- Connect the Global Goals to their own lives

You will need

Paper and pens or pencils, other creative materials

What to do

- Give a brief introduction to the Global Goals. Use the information and resources on page 1 to help. Show the poster on page 17. If you have access to the internet, you could show the Global Goals video bit.ly/GlobalGoalsVideo
Explain that across the world, in 146 countries, WAGGGS members are learning more about the Global Goals and working together to come up with solutions and taking action in their own communities to help make the Goals happen. The Global Goals are a vision for a changed world. Is your community close to this vision, or there more work to be done?
- Pretend to draw an imaginary line from one side of your meeting space to the other.
- Explain that one end of the line stands for the statement '*This describes what life is like here*'. The opposite end is '*This does not sound like where we are at all*'.
- Read out some of the vision statements below, one by one (you could choose the ones you feel are the most closely linked to your community).
Individually each member decides how close your community is to this vision, and runs towards a space somewhere between the two ends of the line to represent where they think their community is right now.

Our community/world...

...treats the environment with respect and works hard to stop climate change

...is peaceful and treats everyone fairly

...is somewhere everyone has enough and the right kind of food to eat to grow and be healthy

...is a place where girls and women are always treated equally to boys and men

...is somewhere people live healthy lives in body and mind

...has no-one living in poverty- everyone can afford a decent standard of living

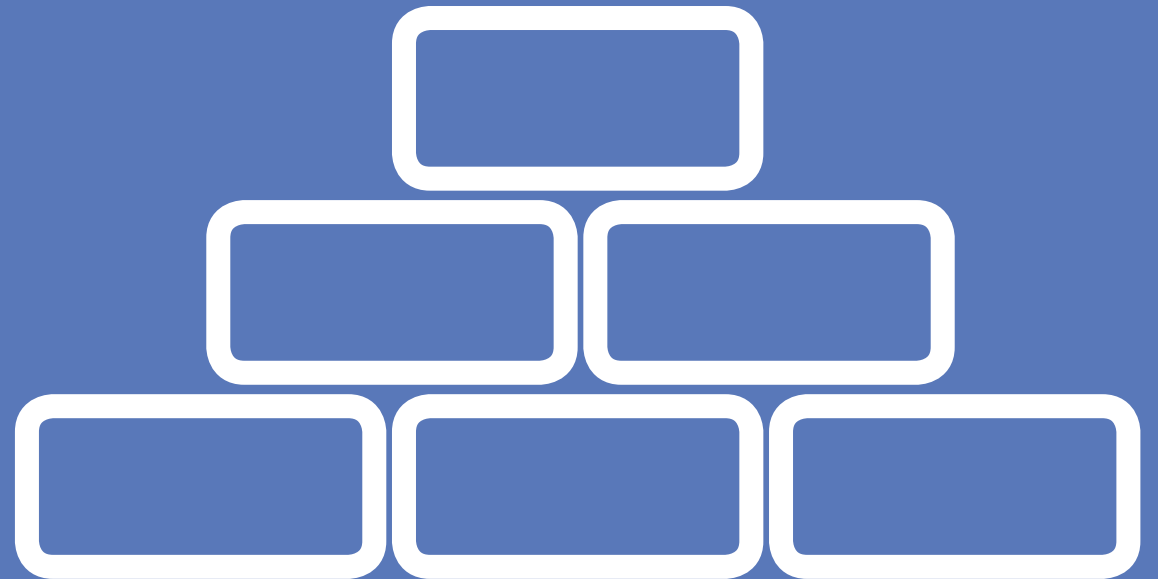
...has opportunities for decent jobs for everyone and a growing economy

Discuss: Are most people standing in the same place, or are there differences? Ask members to share why they have decided to stand where they are. Remember no response is wrong, though older girls may wish to discuss their views. You could take this further by holding a debate.

If you have time: Do the same activity again, but this time, ask the group to think about how the whole world is doing in achieving these visions.

TEAM BUILD

None of the Global Goals will be achieved without teamwork!



TEAM BUILDING (15 MINS)

Learning outcomes

Through this activity, participants will:

- learn to problem solve and work together as a team

You will need

- Paper
- Other materials depending on the activity you choose

What to do

Explain to the group that working together is the best way to find solutions to problems, with everyone contributing their individual skills and ideas. Ask members to choose one or more of these problem-solving activities to build your team.

CROCODILE RIVER

You'll work together to: get your team across the river safely!

Tell the group that they have to get across a river full of crocodiles. Put two markers on the floor to represent the two banks of the river. Explain that the only way to get across the river is by stepping on floating logs or stones. Give each group some paper squares that are just big enough for one person to stand on. Give the group 1/3 as many paper squares as there are group members (e.g. for a group of 9 people, give them only 3 paper squares). The squares can be picked up and moved, but only one person can stand on a log at any time. Can the group work together to get everybody from one side of the river to the other?

BUILD IT UP

You'll work together to: rebuild a pattern or structure

Divide into teams. The teams should create a pattern or a structure for each other – you could draw the pattern on paper, build a structure from blocks or use sticks or pencils laid on the floor in a pattern. (Leaders might need to make sure the patterns aren't too complicated!) Each team's challenge is to rebuild the pattern or structure they are given. Teams stand at the other side of the meeting space to the pattern, and can send up only one team member at a time to go and look at the pattern and then come back and describe it to the team who builds up the pattern.

SHRINKING ISLAND

You'll work together to: keep your whole team on your island as it shrinks!

Divide into teams. Each team should stand on a large piece of paper or stand inside a rope circle on the floor.

There should be just enough room for all team members to stand in the space. Leaders should then either rip off a section of the paper or make the rope circle smaller – teams need to come up with creative ideas to keep everyone in the space as it shrinks! The leaders should keep reducing the size of the space until someone falls out of the space.

TALLEST TOWER

You'll work together to: build the tallest tower you can!

Either as a whole group or in smaller groups, build the tallest tower you can from a given material. Some suggestions of materials you can use are – paper, card, playing cards, sticks, matchsticks, boxes, recycled bottles. Decide the rules on what you can use to keep your tower together, eg sticky tape or string. You can do this as a quick activity where teams build

the tallest tower they can in a given amount of time, or come up with ways you can test the tower's strength.

IN BALANCE

You'll work together to: stay upright in your circle!

Ask everyone to stand in a circle, facing inward and holding hands. Then step backwards until everyone is stretched out but still holding tight to their neighbours' hands. On a count of three, ask the group to keep their feet still but lean back as far as they can, relying on the joined circle to keep their balance. Once everyone is comfortable with this, go round the circle numbering people alternately 1 and 2. Now, ask everyone numbered "1" to lean into the middle and everyone numbered "2" to lean out, then to swap. The circle should stay in balance.

DISCUSSION (5 MINUTES)

- Do you think you could have achieved the task by yourself without other members of the team to help you?
- Why is it important to work together, especially on a big challenge?

TEAM ACTION

You've learned about the Global Goals and considered the changes needed in your community and the world. You've had fun building your team. Now you're ready to work together to come up with a way you can take action!



STEPS TOWARDS ACTION: (30+ MINS) Note: if you have big plans, you may need more time than 30 mins for this activity!

Learning outcomes

Through this activity, participants will:

- learn to analyze a problem and create a plan of action as a team

You will need

- Paper and pens/pencils

1) Choose your issue (10 mins)

- Show the poster of the 17 Goals on page 17. Ask participants to think in small groups about the issues that were discussed in the 'Where do we stand' activity. Which Goals are the group most interested in or passionate about? Come up with a top five list.
- To focus on one issue, you could:
 - a. Bring the small groups together to create a list of issues for the whole group, and vote on one that the whole group will work on, or...
 - b. Form new groups of members interested in certain issues. You could cut out the 17 Global Goal symbols from page 17 and place them around the room and ask people to stand by the one they're most interested in working on to form new groups, or...
 - c. Stay in the small groups and decide together on one issue from the top 5 list.

2) Our vision - (Optional activity 20 mins)

If you have the time available, this is a great way to help groups visualise creatively what difference it would make to their community if their chosen issue was solved.

Each group should create their vision of what your community would be like if the Goal is met. Participants should be encouraged to use any kind of creative approach they like.

Think about: What does that world look like, feel like, and sound like? What problems have been solved? How is it different from today?

Here are some ideas of how you can get creative:

sketch - brainstorm - rap - photo gallery - poster - mural - painting - cartoon strip - song - poem - play - mime - vlog - tumblr wall - tableaux - word art - participatory photography - video - blog - podcast - dance - shout - statement - series of tweets - documentary - interview - sculpture - paper mache - animation - short film - mosaic - modelling - graffiti - stop motion animation - sound clip - Instagram photos

STEPS TOWARDS ACTION

3) Make a plan (20 mins)

Ideas cloud: Write down the issue you have chosen or draw a picture to represent it, at the middle of a piece of paper or on a sticky note. (If you have done 'Our Vision', keep your creative piece out to use as inspiration.)

Examples of issues you might wish to focus on: In our community...

- Girls aren't encouraged to stay at school
- People don't think that climate change is a big problem
- Certain groups of people aren't accepted or treated equally
- There are people who cannot afford enough food for their families
- Some people working at a local business do not have secure jobs
- There is a lot of bullying at our local school
- There are new refugees, who are finding it hard to join in
- There is not a very good relationship between young people and the police

What can you do as a group to make a difference? Things to discuss:

- Why does this problem happen?
- Who has the power to change it?
- What actions can we take to influence or make a difference?
- How much time do we have? What is realistic for us?
- Whose help will we need?
- How will this idea make a difference?
- Are there any dangers or costs in this idea? Make sure you check all ideas with leaders
- Will it be fun?

Make a plan: what will you do? Think about:

- What will the end result be? What are you aiming to achieve?
- Who will be involved?
- What are the key things you will need to do, and who will do them?

Always make sure a leader knows the plans of all the groups and has agreed to support them.

EXAMPLE PLAN

Our issue: people in our community don't understand that climate change is a big threat.

Plan: to raise awareness of climate change at an upcoming community event

Aim: to raise awareness of why climate change is important to our community



What we'll do:

Tara: Book stall at community event

Ginnie: Arrange for volunteers to run the stall throughout the day

Fliss and Amina: Research and create posters and displays about climate change in our area

Tara: Tara's mum is a science teacher – ask her to be the expert on the stall

Ginnie: arrange face-paints for little kids to be endangered animals

Anouk and Kat: put together an interactive activity for adults and older kids

EXAMPLE PLAN

Our issue: girls aren't encouraged to stay at school

Aim: to show the community that girls have big dreams and need education to reach them

Plan: to make an 'I want to be...' display of the different things we would like to do when we're older, that we'll need school to help us become. Invite family and friends including school-friends to come and see the display. Invite local radio or newspaper people and local politician.



What we'll do:

Everyone: draw what we want to be and make up a display

Sara and Una to make invitations and everyone to give them out

Leaders: to invite local news and politician

Everyone: to be ready to talk to everyone about what we want to be when we're older

EXAMPLE PLAN

Our issue: there are new refugees in our community who are finding it hard to join in

Plan: persuade local community groups to encourage and invite refugees to participate

Aim: to make refugees feel welcome and part of the community



What we'll do:

Amina leads group to: Write letters to our local politician/member of parliament and to leaders of community groups telling them about this issue and asking them to work harder to include refugees in local activities

Jacinta and Kinga: Email or meet with local guiding chief volunteers to support the campaign and help us lead the way by inviting girls from refugee groups to our meetings.

Laura to lead on: Tell local media about the campaign and spread the word on social media to inspire others.

Each of us to write letters to the national politician responsible for refugees and migration to tell them about the work and ask for a stronger national policy to ensure refugees are welcomed.

#TEAMGIRL

There are ten million members of WAGGGS around the world. If we all work together as a team, and inspire our friends to join us... we'll be unstoppable! #TeamGirl is all about sharing and inspiring each other – and having fun along the way. **Welcome to the team!**



#TEAMGIRL: (20 MINS)

Learning outcomes

Through this activity, participants will:

- share their action and feel connected to #TeamGirl members around the world

You will need

- Scissors, glue, printed page of the individual Goals, paint or thick pens, camera/video camera (eg a mobile phone)

What to do:

1 Create your sign: In your small groups or all together, cut out the symbol of the Goal you have decided to focus on, and paste it to one side of a large board, card or large piece of paper. Next to the Goal symbol, write out in large letters what you have pledged to do in your team to work toward that Goal. (If there is more than one language represented in your group, why not use these languages too?).

2 Make a human pyramid: In small groups or all together, create a human pyramid! Organise yourselves into rows – and have leaders all around you to keep you from falling. The person at the top of the pyramid should hold up your #TeamGirl sign and ask a leader to take a picture or a video of you.

If you can't make a pyramid, come up with another unusual way to display your sign, making sure everyone in the group is involved.

3 SHARE! Using #TeamGirl, share your picture on Twitter @waggs_world, Facebook, Instagram and anywhere else to share what you're doing and inspire others.

Check out #TeamGirl pictures and videos shared by other WAGGS members from across the world!

Look out for inspiring stories of amazing actions being taken by young women from each WAGGS region that we'll be sharing around International Day of the Girl. Follow @waggs_world, #TeamGirl and visit www.waggs.org

Global Goals for Sustainable Development Cards





EXTRA ACTIVITIES

Do you have more time? Here are some great activities you could try, to add to your Team Discover and Team Build sessions.

GLOBAL GOAL BOWLING (20 MINS)

Team game in the meeting place, with a homemade bowling alley.

Learning outcomes

Understand the meaning of the 17 Global Goals for sustainable development

You will need

10 bottles or empty cans made into bowling pins, labelled with different point scores

A heavy ball

Global goals cards, one set per team

One set of goal success cards in a box

Paper and pen for keeping score

What to do

Set up a bowling alley in your meeting place. Teams take it in turns to pick a Success Card (found on page 21) from the box and read it out loud. Each team picks the Global Goal (found on page 17) they think will result in this success.

Each team that get it right takes one turn bowling, keeping track of their scores.

When all Goals have been discussed, the team with the most points wins.

Reflect:

Why do you think it's important to set goals? How can having goals like these help people around the world work together? Which Global Goal do you think is the most important?

Tips:

Large groups should split in half and make two bowling alleys.

You can simplify the language of the Goals to play this game with younger members. With older groups, take time to discuss the barriers in more depth and what can make it harder or easier to overcome them.

Do it differently:

Use the Global Goal cards on page 17 and the Success Cards on page 20 to play pair games such as "snap" – where players match the goal with the success, or memory games (put the Goal cards upside down on the floor, each player takes a Success Card and take it in turns to flip over a card until they find the matching Goal card)

Global Goals Success Cards

When this goal is achieved...

Everyone A has access to clean water and toilets	There are B enough fairly paying jobs for everyone	All children C can go to school and learn what they need for life	Everyone D can access healthcare and get vaccinated against diseases	Everyone E can access technology such as mobile phones and computers	Animals, F birds, insects and plants have their habitats protected
People aren't G treated differently just because they come from different places or believe different things	Everyone H can afford what they need to live	Cities are I set up so they don't use more resources than the world can produce	Countries J work together to solve problems	People can K get enough energy to live comfortably, without damaging the environment	Less L resources are wasted, and there is more recycling
People feel M they are protected properly	Seas and N oceans are protected against pollution	Girls and boys, O and men and women, are treated fairly and have the same opportunities	Everyone P can get enough nutritious food to eat	Everyone Q takes climate change seriously	ANSWERS A:(6) J:(17) B:(8) K:(7) C:(4) L:(12) D:(3) M:(16) E:(9) N:(14) F:(15) O:(5) G:(10) P:(2) H:(1) Q:(13) I:(11)

NOTHING ABOUT ME, WITHOUT ME | (15 MINS)

Small group challenge with an activity leader

Learning outcomes

Recognise inequality in the world and the power of speaking out to influence change

You will need

Challenge bags, one per team, containing equal combinations of materials that could be used creatively to build a tower. (eg: paper, wooden sticks, sticky tape, wire, string etc)

Extra challenge materials to give to any teams lucky enough to be offered them by the leader

Whistle or agreed signal to stop and start the group quickly

A “speak out spot” – a box strong enough for someone to stand on, or something to mark a space on the ground eg: rope or chalk. Save this until the second round of the challenge.

Paper and pen for keeping score

What to do

Form teams of 4-6 group members, spread out in the meeting place.

Give each team a challenge bag. Each team has 15 minutes to create the tallest tower they can with the materials they are given.

Round one (5 mins): Each team works on their challenge for five minutes.

Every minute, the leader pauses the activity and changes the challenge for some, but not all, of the teams. For example:

- Members of the chosen team/teams can only use one hand
- Give extra resources to a team/teams
- Take resources away from a team/teams
- The team/teams have to stop talking
- The team/teams are blindfolded
- Members of the chosen team/teams have to do nothing for one minute



Break (5 mins):

Stop the group and ask how they are feeling about their challenge. Do they think everyone has the same chance of completing it? How does it feel when the challenge gets harder and they can't do anything about it?

Now, put the “speak out spot” in the middle of the meeting place. Explain that the challenge will carry on for five more minutes, but this time whenever a participant feels a rule is unfair on them or on another team, they can stand on the speak out spot to share their opinions, say what they are feeling and try to influence change. Other participants can get up to cheer any speakers they find inspiring.

Round two (5 mins):

Give teams another five minutes on the activity, still creating new and unfair rules. When participants speak up powerfully let their opinions influence your next rules, so they become fairer.

Reflect:

Did you feel differently between rounds one and two?

How easy was it to speak out? Did the “speak out spot” help?

What examples can you think of in the real world when things aren't fair?

What can we do to speak out, and help others speak out, in these situations?

Do it differently:

You can use a different teambuilding challenge instead of the tallest tower, if this challenge wouldn't be exciting for your group.

WE ARE ONE VOICE

Learn the song “we are one voice”

This popular Girl Guide and Girl Scout song demonstrates the power of our 10 million strong Movement. It has been sung by WAGGGS delegations at global United Nations events and by thousands of Girl Guide and Girl Scouts at the World Centres.

Try starting with one person singing and add more singers with each verse until everyone is singing by “ten million”.

I am one voice and I am singing, I am one voice and I am singing, I am one voice and I am singing, I am not alone

We are two voices, we are singing, we are two voices, we are singing, we are two voices, we are singing, we are not alone”

We are a hundred voices singing...

We are a thousand voices singing...

We are a million voices singing...

We are ten million voices singing...

We are one voice and we are singing....

